News Release FOR IMMEDIATE RELEASE

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Senior Skip Day – Spring Fling Event this Thursday

BATON ROUGE, Louisiana (05/03/2022) – The East Baton Rouge Council on Aging (EBRCOA) is excited to announce their first major event in two years – the Senior Skip Day – Spring Fling Event! The Senior Skip Day will be held this Thursday, May 5th from 10:00 AM to 2:00 PM at the Baton Rouge Fairgrounds (16072 Airline Hwy.).

The event is an opportunity for all the seniors to "skip" a day at the senior center and come together to fellowship at the Spring Fling Event instead. Senior Skip Day is open to all seniors aged 60 and older who reside in East Baton Rouge Parish. There will be live music from the Rusty Yates Band, N'Tune, and DJ Kicks! EBRCOA will have several tents set up for games such as Bingo, Ring Toss, various card games, board games and much more! There will also be a wide variety of food to enjoy such as crawfish with the fixings, tacos, nachos, Chicken Shack's fried chicken, fried fish by Chief Carl Dunn, and much, much more! There will be several opportunities to win great prizes! In addition to these fun activities and delicious food, there will also be opportunities to gain valuable information from the vendors, sponsors, and guest speaker Dr. Courtney N. Phillips, Secretary of the Louisiana Department of Health (LDH).

EBRCOA would like to thank their sponsors for the Senior Skip Day: Louisiana Department of Health, People's Health, CareSouth Medical and Dental, Healthy Blue, UnitedHealthCare, Pelican Federal Credit Union, the Office of the Attorney General, and S.A.L.T. Their generous contributions helped make this event possible.

"Due to the Global Pandemic, the agency has been unable to host large indoor gatherings for our seniors. Both the staff and seniors miss the opportunity to enjoy each other and fellowship in one place. Team EBRCOA is so excited to be back. Please come join us! We are looking forward to having a great time with everyone," said Tasha Clark-Amar, Chief Executive Officer of EBRCOA.

The East Baton Rouge Council on Aging (EBRCOA) is a non-profit organization serving the senior population of East Baton Rouge Parish. Annually, our agency delivers 1,105,820 meals through our "Meals on Wheels" Program and our senior centers and meal sites.

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East Baton Rouge Council on Aging: Supporting Independence ~ Serving Seniors

Since 1973, the East Baton Rouge Council on Aging (EBRCOA), a 501c3 nonprofit supported by philanthropic donations and public funds (federal, state, and local), has served the seniors of East Baton Rouge Parish through a spectrum of nutritional and social services such as the nationally recognized Meals on Wheels program and over a dozen community senior centers throughout the Parish. EBRCOA is charged with discovering and meeting the growing needs of this everincreasing population. Central to EBRCOA's mission – Supporting Independence and Serving Seniors – is proving high-quality services to seniors, the maintenance of their personal independence, and the enhancement of their storied lives while being good fiduciary stewards of public funds and trust. More information about EBRCOA and its services can be found online at www.ebrcoa.org.