

May 2022

HIGHLAND ROAD SENIOR CENTER




Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Snack Time 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Arts & Crafts 1:30pm: Social Time</p>	<p>3</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Mother's Day Activity 10:30am: Adult Coloring 11:30am: Lunch 12:30pm: Socializing 1:30pm: TV Time</p>	<p>4</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Mother's Day Program 11:30am: Lunch 12:30pm: Mother's Day Activity 1:30pm: Music Hour</p>	<p>5</p> <p>SENIOR SKIP DAY CENTER IS CLOSED (Ask Site Coordinator for details)</p>	<p>6</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Knitting 10:30am: Games 11:30am: Lunch 12:30pm: Popcorn & a Movie Day</p>
<p>9</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Snack Time 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Arts & Crafts 1:30pm: Social Time</p>	<p>10</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Adult Coloring 11:30am: Lunch 12:30pm: Socializing 1:30pm: TV Time</p>	<p>11</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Games 11:30am: Lunch 12:30pm: Mother's Day Activity 1:30pm: Music Hour</p>	<p>12</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Yoga 10:30am: BINGO 11:30am: Lunch 12:30pm: Speed Word Search 1:30pm: Social Time</p>	<p>13</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Knitting 10:30am: Games 11:30am: Lunch 12:30pm: Popcorn & a Movie Day</p>
<p>16</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Snack Time 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Arts & Crafts 1:30pm: Social Time</p>	<p>17</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Adult Coloring 11:30am: Lunch 12:30pm: Socializing 1:30pm: TV Time</p>	<p>18</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Games 11:30am: Lunch 12:30pm: Mother's Day Activity 1:30pm: Music Hour</p>	<p>19</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Yoga 10:30am: BINGO 11:30am: Lunch 12:30pm: Speed Word Search 1:30pm: Social Time</p>	<p>20</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Knitting 10:30am: Games 11:30am: Lunch 12:30pm: Popcorn & a Movie Day</p>

MAY HOLIDAYS
 "Seniors" Skip Day – May 5, 2022
 Mother's Day- May 8, 2022
 Annual Meeting-May 16
 Memorial Day-May 30, 2022

SENIOR CENTER BIRTHDAYS
 Juanita Bates
 Neva Carter- May 13
 Vivian Bateman- May 21

SPECIAL NOTES
 EBRCOA STAFF:
 Barbara Turner
 14024 North Amiss Rd. BR, La 70810
 (BREC Park)
 (225) 454-4773
 Hours: 8:30am-2:30pm

<p style="text-align: right;">23</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Snack Time 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Arts & Crafts 1:30pm: Social Time</p>	<p style="text-align: right;">24</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Adult Coloring 11:30am: Lunch 12:30pm: Socializing 1:30pm: TV Time</p>	<p style="text-align: right;">25</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Games 11:30am: Lunch 12:30pm: Mother's Day Activity 1:30pm: Music Hour</p>	<p style="text-align: right;">26</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Yoga 10:30am: BINGO 11:30am: Lunch 12:30pm: Speed Word Search 1:30pm: Social Time *Memorial Day Celebration*</p>	<p style="text-align: right;">27</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 9:30am: Knitting 10:30am: Games 11:30am: Lunch 12:30pm: Popcorn & a Movie Day</p>
<p style="text-align: right;">30</p> 	<p style="text-align: right;">31</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Adult Coloring 11:30am: Lunch 12:30pm: Socializing 1:30pm: TV Time</p>	<p style="text-align: right;">1</p>	<p style="text-align: right;">2</p>	<p style="text-align: right;">3</p>