May 2022 ZACHARY LOTUS ACTIVITY CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends	SENIOR SKIP DAY	8:30am: Coffee w/ Friends
9:00am: Word Search,	9:00am: Word Search	9:00am:	CENTER IS CLOSED	9:00am: Brain Teaser
Bowling	10:00am: Inspirational	Bowling/Games/Socializing		10:00am: Memory Blocks
10:00am: Yoga	Word/Arts & Crafts	10:00am: BINGO	(Ask Site Coordinator	Game/Card Games
12:00pm: Lunch	12:00pm: Lunch	11:00am: Arts & Crafts	for details)	12:00pm: Lunch
1:00pm: Card	1:00pm: Bowling/Table Tennis	12:00pm: Lunch	101 details)	12:30pm: Fitness w/ Donald
Games/Billiards/Table		12:39pm Line Dancing		2:00pm: Bowling/Table Tennis
Tennis	10	1:00pm: Bowling/Table Tennis	12	12
S. 20ams. Coffee/ Enion de		11	12	13
8:30am: Coffee w/ Friends 9:00am: Word Search,	8:30am: Coffee w/ Friends 9:00am: Word Search	8:30am: Coffee w/ Friends 9:00am:	8:30am: Coffee w/ Friends 9:00am: Socializing/Games	8:30am: Coffee w/ Friends 9:00am: Brain Teaser
Bowling	10:00am: Inspirational	Bowling/Games/Socializing	10:00am: Inspirational Word	10:00am: Memory Blocks
10:00am: Yoga	Word/Arts & Crafts	10:00am: BINGO	12:00pm: Lunch	Game/Card Games
12:00pm: Lunch	12:00pm: Lunch	11:00am: Arts & Crafts	12:30pm: Exercise	12:00pm: Lunch
1:00pm: Card	1:00pm: Bowling/Table Tennis	12:00pm: Lunch	1:30pm: Board Games	12:30pm: Fitness w/ Donald
Games/Billiards/Table	Treepin Bewing, rubic remins	12:39pm Line Dancing	1100pm Board Cames	2:00pm: Bowling/Table Tennis
Tennis		1:00pm: Bowling/Table Tennis		
16	17	18	19	20
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9:00am: Word Search,	9:00am: Word Search	9:00am:	9:00am: Socializing/Games	9:00am: Brain Teaser
Bowling	10:00am: Inspirational	Bowling/Games/Socializing	10:00am: Inspirational Word	10:00am: Memory Blocks
10:00am: Yoga	Word/Arts & Crafts	10:00am: BINGO	12:00pm: Lunch	Game/Card Games
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Games/Billiards/Table		12:39pm Line Dancing		2:00pm: Bowling/Table Tennis
Tennis		1:00pm: Bowling/Table Tennis		



MAY HOLIDAYS

"Seniors" Skip Day – May 5, 2022 Mother's Day- May 8, 2022 Annual Meeting-May 16 Memorial Day-May 30, 2022

SENIOR CENTER BIRTHDAYS

Kate Battiste- May 7

Yvonne Dotson- May 25

SPECIAL NOTES

EBRCOA Staff: Cynthia "Renee" Johnson & Ora Williams & Yolanda Barlow

6363 Main St. Suite L Zachary, La 70791 (225) 306-4102 Hours: 8:00am-4:30pm

23	24	25	26	27
8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends	8:30am: Coffee w/ Friends
9:00am: Word Search,	9:00am: Word Search	9:00am:	9:00am: Socializing/Games	9:00am: Brain Teaser
Bowling	10:00am: Inspirational	Bowling/Games/Socializing	10:00am: Inspirational Word	10:00am: Memory Blocks
10:00am: Yoga	Word/Arts & Crafts	10:00am: BINGO	12:00pm: Lunch	Game/Card Games
12:00pm: Lunch	12:00pm: Lunch	11:00am: Arts & Crafts	12:30pm: Exercise	12:00pm: Lunch
1:00pm: Card	1:00pm: Bowling/Table Tennis	12:00pm: Lunch	1:30pm: Board Games	12:30pm: Fitness w/ Donald
Games/Billiards/Table		12:39pm Line Dancing		2:00pm: Bowling/Table Tennis
Tennis		1:00nm: Bowling/Table Tennis		
MEMORIAL DAY	31 8:30am: Coffee w/ Friends 9:00am: Word Search 10:00am: Inspirational Word/Arts & Crafts 12:00pm: Lunch 1:00pm: Bowling/Table Tennis	1	2	3