




June 2022

CENTRAL LOTUS ACTIVITY CENTER



EBR
Council on Aging®

Supporting Independence ~ Serving Seniors

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Get weather prepared!!</p> 	<p>1 8:30 am Coffee w/ friends 9:00-10:00 am Social Networking 10:30 am Devotion w/ Mrs. Patsy Dufour 11:30 am Lunch 12:30 –1:00 pm BINGO 1:00 – 3:00 pm Games & Puzzles</p>	<p>2 8:30 am Coffee w/ friends & Bowling 9:00-10:00am pool / Bean Bag toss 11:00 am Fitness with Donald 11:30am Lunch 1:00-3:00 pm Games & Puzzles</p>	<p>3 8:30 am / Friends & Bowling 9:00 –10:00 am Games & Social Networking / 11:30 Lunch 1:00- 3:00 pm Games & Puzzles</p>
<p>6 8:30 am Coffee w/ friends- Bridge & Bowling 10:30 am Morning Yoga w / Mrs. Carol 11:30 am Lunch 1:00 – 3:00 pm Games & Puzzles</p>	<p>7 8:30 am Coffee w/ friends 9:30 am Social Networking 10:30 am *Hosting Mrs. Melissa / Audubon Home Health (BINGO) 11:30 am Lunch 12:30 –3:00pm Popcorn & Movie /Games & Puzzles</p>	<p>8 8:30 am Coffee w/ friends 9:00-10:00 am Social Networking 10:30 am Devotion w/ Mrs. Patsy Dufour 11:30 am Lunch 12:30 –1:00 pm BINGO 1:00 – 3:00 pm Games & Puzzles</p>	<p>9 8:30 am Coffee w/ friends & Bowling 9:00-10:00am pool / Bean Bag toss 11:00 am Fitness with Donald 11:30 am Lunch 1:00-3:00 pm Games & Puzzles</p>	<p>10 8:30 am / Friends & Bowling 9:00 –10:00 am Games & Social Networking / 11:30 Lunch 1:00- 3:00 pm Games & Puzzles</p>
<p>13 8:30 am Coffee w/ friends- Bridge & Bowling 10:30 am Morning Yoga w / Mrs. Carol 11:30 am Lunch 1:00 – 3:00 pm Games & Puzzles</p>	<p>14 8:30 am Coffee w/ friends 9:30 –10:30 am Social Networking/ Indoor walking 10:30-11:00 am BINGO 11:30 am Lunch 12:30 –3:00pm Popcorn & Movie /Games & Puzzles</p>	<p>15 8:30 am Coffee w/ friends 9:00-10:00 am Social Networking 10:30 am Devotion w/ Mrs. Patsy Dufour 11:30 am Lunch 12:30 –1:00 pm BINGO 1:00 – 3:00 pm Games & Puzzles</p>	<p>16 8:30 am Coffee w/ friends & Bowling 9:00-10:00am pool / Bean Bag toss 11:00 am Fitness with Donald 11:30 am Lunch 12:30 pm *Father's Day Celebration 1:00-3:00 pm Games & Puzzles</p>	<p>17 Center Closed</p> 

JUNE HOLIDAYS

June 14-Flag Day
June 17-Juneteenth (Center
Closed)
June 19-Father's Day
June 21- First Day of Summer

SENIOR CENTER BIRTHDAYS

Kathy McMillian-June 3
Ken McCullough-6/7 Aline Phistry-6/21
Randolph May-6/8 Benjamin W.-6/21
Danny Crump-6/12 Patricia M.-6/22
Gayle Landry-6/13
Mark Harrison-6/14

SPECIAL NOTES

EBR/COA STAFF:
Pauline Gaines & Natalie Kerlegan

11111 Park Place Dr. Central, La 70818
(225) 256-2495 or (225) 615-8339
Hours: 8:30am-3:30pm

<p style="text-align: center;">20</p> <p>8:30 am Coffee w/ friends- Bridge & Bowling 10:30 am Morning Yoga w/ Mrs. Carol 11:30 am Lunch 1:00 – 3:00 pm Games & Puzzles</p>	<p style="text-align: center;">21</p> <p>8:30 am Coffee w/ friends 9:30 –10:00 am Music Therapy/ Indoor walking 10:30 – 11:00 am BINGO 11:30 am Lunch 12:30 –3:00pm Popcorn & Movie /Games & Puzzles</p> <p>1st Day of Summer! Wear your summer attire!</p>	<p style="text-align: center;">22</p> <p>8:30 am Coffee w/ friends 9:00-10:00 am Social Networking 10:30 am Devotion w/ Mrs. Patsy Dufour 11:30 am Lunch 12:30 –1:00 pm BINGO 1:00 – 3:00 pm Games & Puzzles</p>	<p style="text-align: center;">23</p> <p>8:30 am Coffee w/ friends & Bowling 9:00-10:00am pool / Bean Bag toss 11:00 am Fitness with Donald 11:30 am Lunch 1:00-3:00 pm Games & Puzzles</p>	<p style="text-align: center;">24</p> <p>8:30am / Friends & Bowling 9:00 –10:00 am Games & Social Networking / 9:30-10:30 Arts & Crafts (painting mini bird houses) 11:30 Lunch 1:00- 3:00 pm Games & Puzzles</p>
<p style="text-align: center;">27</p> <p>8:30 am Coffee w/ friends- Bridge & Bowling 10:30 am Morning Yoga w/ Mrs. Carol 11:30 am Lunch 1:00 – 3:00 pm Games & Puzzles National BINGO Day!!</p>	<p style="text-align: center;">28</p> <p>8:30 am Coffee w/ friends 9:30 –11:00 am Social Networking 10:30 – 11:00 am BINGO 11:30 am Lunch 12:30 –3:00pm Popcorn & Movie /Games & Puzzles</p>	<p style="text-align: center;">29</p> <p>8:30 am Coffee w/ friends 9:00-10:00 am Social Networking 10:30 am Devotion w/ Mrs. Patsy Dufour 11:30 am Lunch 12:30 –1:00 pm BINGO 1:00 – 3:00 pm Games & Puzzles</p>	<p style="text-align: center;">30</p> <p>8:30 am Coffee w/ friends & Bowling 9:00-10:00am pool / Bean Bag toss 11:00 am Fitness with Donald 11:30am Lunch 1:00-3:00 pm Games & Puzzles</p>	<p style="text-align: center;">1</p>