

ANTIOCH SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<p style="text-align: center;">1</p> 8:30am: Coffee w/ Friends 10:00am: Book Club Hour 11:00am: Pokeno 12:00pm-1:30pm: Lunch 1:00pm: Tai Chi w/ Broc 2:00pm: Billiards & Puzzles	<p style="text-align: center;">2</p> 8:30am: Coffee w/ Friends 9:30am: Billiards & Puzzles 12:00pm-1:30pm: Lunch
<p style="text-align: center;">5</p> LABOR DAY	<p style="text-align: center;">6</p> 8:30am: Coffee w/ Friends 9:30am: Yoga w/ Broc 11:00am: Bag BINGO 12:00pm-1:30pm: Lunch 2:00pm: Billiards & Puzzles	<p style="text-align: center;">7</p> 8:30am: Coffee w/ Friends 10:00am: Zumba w/ Donna 11:00am: Word Cookie 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">8</p> 8:30am: Coffee w/ Friends 10:00am: Book Club Hour 11:00am: Pokeno 12:00pm-1:30pm: Lunch 1:00pm: Tai Chi w/ Broc 2:00pm: Billiards & Puzzles	<p style="text-align: center;">9</p> 8:30am: Coffee w/ Friends 9:30AM: Billiards & Puzzles 12:00pm-1:30pm: Lunch
<p style="text-align: center;">12</p> 8:30am: Coffee w/ Friends 9:30am: Fitness w/ Donald 11:00am: Thrift Store Swap Meet 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">13</p> 8:30am: Coffee w/ Friends 9:30am: Yoga w/ Broc 11:00am: BOX BINGO 12:00pm-1:30pm: Lunch 2:00pm: Billiards & Puzzles	<p style="text-align: center;">14</p> 8:30am: Coffee w/ Friends 10:00am: Zumba w/ Donna 11:00am: Coloring w/ Care 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">15</p> 8:30am: Coffee w/ Friends 10:00am: Book Club Hour 11:00am: Pokeno 12:00pm-1:30pm: Lunch 1:00pm: Tai Chi w/ Broc 2:00pm: Billiards & Puzzles	<p style="text-align: center;">16</p> 8:30am: Coffee w/ Friends 9:30AM: Billiards & Puzzles 12:00pm-1:30pm: Lunch
<p style="text-align: center;">19</p> 8:30am: Coffee w/ Friends 9:30am: Fitness w/ Donald 11:00am: Arts & Crafts Activity 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">20</p> 8:30am: Coffee w/ Friends 9:30am: Yoga w/ Broc 11:00am: BINGO 12:00pm-1:30pm: Lunch 2:00pm: Billiards & Puzzles	<p style="text-align: center;">21</p> 8:30am: Coffee w/ Friends 10:00am: Zumba w/ Donna 11:00am: Name that Song 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">22</p> 8:30am: Coffee w/ Friends 10:00am: Word Search Puzzles 11:00am: Pokeno 12:00pm-1:30pm: Lunch 1:00pm: Tai Chi w/ Broc 2:00pm: Billiards & Puzzles	<p style="text-align: center;">23</p> 8:30am: Coffee w/ Friends 9:30AM: Billiards & Puzzles 12:00pm-1:30pm: Lunch
<p style="text-align: center;">25</p> 8:30am: Coffee w/ Friends 9:30am: Fitness w/ Donald 11:00am: Getting to Know You 12:00pm-1:30pm: Lunch 2:00pm: Billiards & Puzzles	<p style="text-align: center;">26</p> 8:30am: Coffee w/ Friends 9:30am: Yoga w/ Broc 11:00am: BINGO 12:00pm-1:30pm: Lunch 2:00pm: Billiards & Puzzles	<p style="text-align: center;">27</p> 8:30am: Coffee w/ Friends 10:00am: Zumba w/ Donna 11:00am: Arts & Crafts 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">28</p> 8:30am: Coffee w/ Friends 10:00am: Book Club Hour 11:00am: Pokeno 12:00pm-1:30pm: Lunch 2:00pm: Ping Pong & Puzzles	<p style="text-align: center;">29</p> 8:30am: Coffee w/ Friends 9:30AM: Billiards & Puzzles 12:00pm-1:30pm: Lunch

September Birthdays:

Linda Smith-September 14, Connie Fecel September 23, Doris Carter-September 28 Barbara Lyons-September 12