

# LOTUS CENTER - SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<p style="text-align: center;">1</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Chair Exercises 11:30am: Lunch 12:30pm: Arts &amp; Crafts 1:00pm: Socializing &amp; Games</p>	<p style="text-align: center;">2</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 1:00pm: Socializing &amp; Games</p>
<p style="text-align: center;">5</p> <p style="text-align: center;">LABOR DAY Holiday</p>	<p style="text-align: center;">6</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">7</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">8</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Chair Exercises 11:00am: Nutritionist Speaker 11:30am: Lunch 12:30pm: Arts &amp; Crafts 1:00pm Socializing and Games</p>	<p style="text-align: center;">9</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>
<p style="text-align: center;">12</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">13</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">14</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">15</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Chair Exercises 11:00am: Nutritionist Speaker 11:30am: Lunch 12:30pm: Arts &amp; Crafts 1:00pm Socializing and Games</p>	<p style="text-align: center;">16</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>
<p style="text-align: center;">19</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">20</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">21</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">22</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Chair Exercises 11:00am: Nutritionist Speaker 11:30am: Lunch 12:30pm: Arts &amp; Crafts 1:00pm Socializing and Games</p>	<p style="text-align: center;">23</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>
<p style="text-align: center;">26</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">27</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Fitness w/ Donald 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">28</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:00am: Bible Study 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>	<p style="text-align: center;">29</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: Chair Exercises 11:00am: Nutritionist Speaker 11:30am: Lunch 12:30pm: Arts &amp; Crafts 1:00pm Socializing and Games</p>	<p style="text-align: center;">30</p> <p>8:30am: Coffee w/ Friends 9:00am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 12:30pm: Socializing &amp; Games</p>

September Birthdays: Susie Collins-September 19, Mary Thomas-September 17, Beulah Robertson-September 18,  
Betty Gray-September 21