

LOTUS CENTER - SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<p style="text-align: center;">1</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: BINGO 11:30am-1:00pm: Lunch 1:00pm Black Out Card Games</p>	<p style="text-align: center;">2</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Yoga 11:30am-1:00pm Lunch 1:00pm Happy Hour Meet & Greet</p>
<p style="text-align: center;">5</p> <p style="text-align: center;">LABOR DAY Holiday</p>	<p style="text-align: center;">6</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 9:40am: Devotion 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm Tai Chi 1:30pm Social Activities & Games</p>	<p style="text-align: center;">7</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Line Dancing 11:30am-1:00pm: Lunch 1:30pm:Movie Day @ Lotus Theatre 2:30pm: Card Games</p>	<p style="text-align: center;">8</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm: Blackout card games 1:30pm: Social Activities</p>	<p style="text-align: center;">9</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Yoga 11:30am-1:00pm Lunch 1:00pm: Movie Day @ Lotus Theatre</p>
<p style="text-align: center;">12</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 11:30am-1:00pm: Lunch 1:00pm: Painting Class & Card Games</p>	<p style="text-align: center;">13</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 9:40am: Devotion 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm Tai Chi 1:30pm Social Activities & Games</p>	<p style="text-align: center;">14</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Line Dancing 11:30am-1:00pm: Lunch 1:30pm:Movie Day @ Lotus Theatre 2:30pm: Card Games</p>	<p style="text-align: center;">15</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm: Blackout card games 1:30pm: Social Activities</p>	<p style="text-align: center;">16</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Yoga 11:30am-1:00pm Lunch 1:00pm: Movie Day @ Lotus Theatre</p>
<p style="text-align: center;">19</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 11:30am-1:00pm: Lunch 1:00pm: Painting Class & Card Games</p>	<p style="text-align: center;">20</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 9:40am: Devotion 10:00am: Humana BINGO 1:00pm Tai Chi</p>	<p style="text-align: center;">21</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Line Dancing 11:30am-1:00pm: Lunch 1:30pm:Movie Day @ Lotus Theatre 2:30pm: Card Games</p>	<p style="text-align: center;">22</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm: Blackout card games 1:30pm: Social Activities</p>	<p style="text-align: center;">23</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Yoga 11:30am-1:00pm Lunch 1:00pm: Movie Day @ Lotus Theatre</p>
<p style="text-align: center;">26</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 11:30am-1:00pm: Lunch 1:00pm: Painting Class & Card Games</p>	<p style="text-align: center;">27</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 9:40am: Devotion 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm Tai Chi</p>	<p style="text-align: center;">28</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Line Dancing 11:30am-1:00pm: Lunch 1:30pm:Movie Day @ Lotus Theatre</p>	<p style="text-align: center;">29</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Stretch Exercise 10:30am: BINGO 11:30am-1:00pm: Lunch 1:00pm: Blackout card games</p>	<p style="text-align: center;">30</p> <p>8:00am: Coffee w/ Friends 9:00am: Lotus Gym & Sewing 10:00am: Yoga 11:30am-1:00pm Lunch 1:00pm Happy Hour Meet & Greet</p>

