October 2022 – PEARL GEORGE SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Events/Holidays
3 8:30am-10:30am: Coffee w/ friends 10:00am: Games, Arts & Crafts 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm-Lunch 1:00pm: Arts & Crafts, Sewing 10 8:30AM: Coffee w/ Friends	4 8:30am-10:30am: Coffee w/ Friends 9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch 100 11 8:30am: Coffee w/ Friends	5 8:30am-10:30am: Coffee w/Friends 10:00am: Games & Socializing 11:00am: Senior Line Dancing 11:30 Inspirational Word 12:00pm: Lunch 1:00pm: Arts & Crafts 12 8:30am: Coffee w/ Friends	6 8:30am-10:30am: Coffee w/ Friends 9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch 13 8:30am: Coffee w/ Friends	7 8:30am-10:30am: Coffee w/ Friends 10:00am: Games & Socializing 11:00am: Sewing/Word Search 11:30 Inspirational Word 12:00pm: Lunch 14 8:30am: Coffee w/ Friends	Pink Out Day-October 5 October 11-Computer Class Salt Expo-10/18 at 9:00am LSU & SU Homecoming Tailgate-October 21 Boo for a Booster Clinic10/31 Birthdays Sandra Matthews-10/13
10:00am: Games, Arts & Crafts 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm-Lunch 1:00pm: Arts & Crafts, Sewing	9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch	10:00am: Games & Socializing 11:00am: Senior Line Dancing 11:30 Inspirational Word 12:00pm: Lunch 1:00pm: Arts & Crafts	9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch	10:00am: Games & Socializing 11:00am: Sewing/Word Search 11:30 Inspirational Word 12:00pm: Lunch	Lela Brady-10/14 Josephine Jackson-10/16 Joseph Francois-10/20 Royal Armelin-10/28 Center Information
8:30AM: Coffee w/ Friends 10:00am: Games, Arts & Crafts 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm-Lunch 1:00pm: Arts & Crafts, Sewing	Closed For Salt Expo	8:30am: Coffee w/ Friends 10:00am: Games & Socializing 11:00am: Senior Line Dancing 11:30 Inspirational Word 12:00pm: Lunch 1:00pm: Arts & Crafts	8:30am: Coffee w/ Friends 9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch	8:30am: Coffee w/ Friends 10:00am: Games & Socializing 11:00am: Sewing/Word Search 12:00pm: Lunch *LSU/SU Tailgate*	Site Coordinators: Alice
8:30AM: Coffee w/ Friends 10:00am:Pearl George Birthday Celebration 11:30am: Inspirational Word 12:00pm-Lunch 1:00pm: Arts & Crafts, Sewing	8:30am: Coffee w/ Friends 9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch	8:30am: Coffee w/ Friends 10:00am: Games & Socializing 11:00am: Senior Line Dancing 11:30 Inspirational Word 12:00pm: Lunch 1:00pm: Arts & Crafts	8:30am: Coffee w/ Friends 9:00am: Games and Socializing 11:00am: Senior Exercise 11:30am: Inspirational Word 12:00pm: Lunch	28 8:30am: Coffee w/ Friends 10:00am: Games & Socializing 11:00am: Sewing/Word Search 11:30 Inspirational Word 12:00pm: Lunch	Lotus Rides Need transportation? Contact Lotus Rides at (225) 361-0299 for more information
8:30AM: Coffee w/ Friends 10:00am: Games, Arts & Crafts 11:00am: Senior Exercise 11:30am: Inspirational Word *Wear Your Costumes*	EARLY DETECTION SAVES LIVES	Hall OWEST	Aging ~ Serving Senio		Spirit Week Get with your Center Site Coordinator for our Spirit Week details October 25- October 31! Let's have fun!