
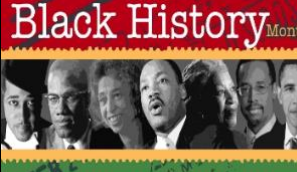







FEBRUARY 2023 – BEN BURGE SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Events/Holidays
		1 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Chair Fitness 11:00am-Senior Led Sign Language Class 12:00pm-Lunch 1:00pm-Card Games	2 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Arts & Crafts 11:30am-Fitness w/ Renaldo 12:00pm-Lunch 1:00pm-Card Games	3 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 1:00pm-Card Games/Socialization	February 3-National Wear Red Day February 14-Valentine's Day February 15-Senior Center Closed February 20-21-Mardi Gras Holiday (Center Closed)
6 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Music/Line Dancing 10:30am: Inspirational Word 11:30am: Lunch 1:00pm-Happy Hour/Table Games	7 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Inspirational Word 10:00am: BINGO 11:30am: Lunch 1:00pm-Card Games/Socialization	8 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Chair Fitness 11:00am-Senior Led Sign Language Class 12:00pm-Lunch 1:00pm-Card Games	9 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Arts & Crafts 11:30am-Fitness w/ Renaldo 12:00pm-Lunch 1:00pm-Card Games	10 8:30am-Coffee w/ Friends 9:00am: Walking w/ Joy 9:30am: Inspirational Word 10:00am: BINGO 11:30am: Lunch 1:00pm-Card Games *Super Bowl Tailgate*	Birthdays Lucien Ephron-2/2 Larry Nelson-2/21
13 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Music/Line Dancing 10:30am: Inspirational Word 11:30am: Lunch 1:00pm-Happy Hour/Table Games	14 8:30am- Coffee w/ Friends 10:00am-Sweetheart Gala 11:30am: Lunch *Happy Valentine's Day* (Wear Red Clothing)	15 SENIOR CENTER CLOSED	16 8:30am-Coffee w/ Friends 9:30am: Arts & Crafts 11:30am-Fitness w/ Renaldo 12:00pm-Lunch 1:00pm-Card Games *Black History Living Legends*	17 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Inspirational Word 10:00am: BINGO 11:30am: Lunch 1:00pm: Card Games/Socialization	Center Information Site Coordinator: Sharen Spradley 9350 Antigua Dr. Baton Rouge, La 70810 Phone: (225) 454-2815 Hours: 8:30am-2:30pm
20 	21 	22 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Chair Fitness 11:00am-Senior Led Sign Language Class 12:00pm-Lunch 1:00pm-Card Games	23 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Arts & Crafts 11:30am-Fitness w/ Renaldo 12:00pm-Lunch 1:00pm-Card Games	24 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Inspirational Word 10:30am: BINGO 11:30am: Lunch 1:00pm-Card Games/Socialization	Lotus Rides Need transportation? Contact Lotus Rides at (225) 361-0299 for more information.
27 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Music/Line Dancing 10:30am: Inspirational Word 11:30am: Lunch 1:00pm-Happy Hour/Table Games	28 8:30am-Coffee w/ Friends 9:00am-Walking w/ Joy 9:30am: Inspirational Word 10:00am: BINGO 11:30am: Lunch 1:00pm-Happy Hour/Table Games/Socialization				Senior Center Closures: The Senior Centers will be closed February 20 and 21st for the Mardi Gras Holiday.

