

News Release FOR IMMEDIATE RELEASE

East Baton Rouge Council on Aging
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EBRCOA Senior Skip Day 2.0 & Healthcare Expo

BATON ROUGE, Louisiana (4/17/2023) – The East Baton Rouge Council on Aging (EBRCOA) is thrilled to announce its second Senior Skip Day 2.0 and Healthcare Expo. Senior Skip Day 2.0 will be held on Thursday, April 27th from 9:00 A.M. to 2:00 P.M. at the BREC Airline Highway Park (17200 Airline Hwy.)

The event is an opportunity for all seniors to “skip” a day at the senior center and come together to fellowship at Senior Skip Day 2.0 & Healthcare Expo instead. Senior Skip Day 2.0 and the Healthcare Expo are open to all seniors aged 60 and older who reside in East Baton Rouge Parish. There will be live musical performances by Keith Frank & The Soileau Zydeco Band, The Rusty Yates Band, and DJ Marquis! EBRCOA will have several activities throughout the day such as Bingo, Ring Toss, Corn Hole, and much more! There will be a wide variety of food to enjoy such as crawfish with all the fixings, hot dogs, nachos, snow cones, Country Pleasin’ Sausage and Jambalaya, Chicken Shack’s fried chicken, and fish provided by Louisiana Office of Tourism fried by Chief Carl Dunn, just to name a few! There will be several opportunities to win great prizes!

In addition to these fun activities and delicious food, there will also be opportunities to gain valuable healthcare information from the Louisiana Department of Health and a variety of vendors. Seniors are also encouraged to register for the immunization clinic for the following vaccinations: Tetanus, COVID-19, Shingles, Hepatitis B, and Pneumococcal. To receive an immunization, please bring a copy of your prescription insurance card, driver’s license or ID, and a completed consent form. To register, visit <https://bit.ly/3GhgkHy> or call Mr. Ivy Martin at (225) 960-1209.

EBRCOA would like to thank their sponsors for Senior Skip Day 2.0: CareSouth Medical & Dental, Louisiana Department of Health, Merchants Food Service, Cumulus Media, People’s Health, Healthy Blue, Humana, Ochsner, Albertsons and Coca-Cola. Their generous contributions helped make this event possible.

“EBRCOA is celebrating 50 years of serving the seniors of East Baton Rouge Parish! This event will truly be a celebration! We are so excited to gather with our seniors from across the parish. Please come join us! Bring your coolers. Bring your lawn chairs. Be prepared to thoroughly enjoy yourself,” said Tasha Clark-Amar, Chief Executive Officer of EBRCOA.

For more information and to RSVP, please call (225) 923-8000.

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East Baton Rouge Council On Aging: Supporting Independence ~ Serving Seniors

Since 1973, the East Baton Rouge Council on Aging (EBRCOA), a 501c3 nonprofit supported by philanthropic donations and public funds (federal, state, and local), has served the seniors of East Baton Rouge Parish through a spectrum of nutritional and social services such as the nationally recognized Meals on Wheels program and over a dozen community senior centers throughout the Parish. EBRCOA is charged with discovering and meeting the growing needs of this ever-increasing population. Central to EBRCOA's mission – Supporting Independence and Serving Seniors – is providing high-quality services to seniors, maintenance of their personal independence, and enhancement of their storied lives while being good fiduciary stewards of public funds and trust. More information about EBRCOA and its services can be found online at www.ebrcoa.org.

The East Baton Rouge Council on Aging (EBRCOA) is a non-profit organization serving the senior population of East Baton Rouge Parish. Annually, our agency delivers 1,769,618 meals through our “Meals on Wheels” Program and our senior centers and meal sites.