








# SEPTEMBER 2023 – BEN BURGE SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Events/Holidays
		<p>Go Tigers!!</p> 	<p>Go Jaguars!!</p> 	<p>1</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 11:00am: BINGO 12:00pm: Lunch 1:00pm: Games/Socializing Tailgate Day!!	September 1-National College Colors Day/Center Tailgate September 4-Labor Day (Center Closed) September 18-22-Fall Prevention Week September 29-National Coffee Day
<p>4</p> 	<p>5</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p>6</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Arts & Crafts(Pom Poms) 11:00am: Reading 12:00pm: Lunch	<p>7</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: Fitness w/ Renaldo 12:00pm: Lunch	<p>8</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: BINGO 12:00pm: Lunch 1:00pm	<p><b>Happy Birthday!</b></p> <p>Robert Butler Sr.-9/6            Cassandra Edmond-9/7            Jack Stewart-9/9</p>
<p>11</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 9:30am: Inspirational Word 10:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p>12</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Brain Teasers 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p>13</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: Arts & Crafts 12:00pm: Lunch 1:00pm: Socializing/Games	<p>14</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Arts & Crafts 11:00am: Fitness w/ Renaldo 12:00pm: Lunch	<p>15</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Line Dancing 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p><b>Center Information:</b></p> <p>Site Coordinator: Sharen Spradley            9350 Antigua Dr. Baton Rouge, La 70810            Phone: (225) 454-2815            Hours: 8:30am-2:30pm</p>
<p>18</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Let's Talk About It 11:00am: Speaker 12:00pm: Lunch 1:00pm: Socializing/Games	<p>19</p> 8:30am: Coffee Sipping w/ Seniors 10:00am: Brain Teasers 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p>20</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: Arts & Crafts 12:00pm: Lunch 1:00pm: Socializing/Games	<p>21</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Arts & Crafts 11:00am: Fitness w/ Renaldo 12:00pm: Lunch	<p>22</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: BINGO 12:00pm: Lunch 1:00pm	<p><b>Agency News:</b></p> <p>It's National Senior Center Month!! Thank you for being a member of our centers!! We appreciate you! 😊</p>
<p>25</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Let's Talk About It 10:00am: Brain Teasers 11:00am: Let's Talk About It 12:00pm: Lunch 1:00pm: Socializing/Games	<p>26</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p>27</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Let's Talk About It 11:00am: Arts & Crafts 12:00pm: Lunch 1:00pm: Socializing/Games	<p>28</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Arts & Crafts 11:00am: Fitness w/ Renaldo 12:00pm: Lunch	<p>29</p> 8:30am: Coffee Sipping w/ Seniors 9:00am: Walking Exercise 10:00am: Line Dancing 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socializing/Games	<p><b>Center News:</b></p> <p>Seniors, let's show support and wear your favorite sports apparel every Friday!!</p>

