






SEPTEMBER 2023 – JEWEL J NEWMAN SENIOR CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Events/Holidays
		<p>Go Tiners!!</p> 	<p>Go Jaguars!!</p> 	1 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Chair Exercise 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socialize/Games	September 1-National College Colors Day/Center Tailgate September 4-Labor Day (Center Closed) September 18-22-Fall Prevention Week September 29-National Coffee Day
4 	5 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Fitness w/ Donald 12:00pm: Lunch 1:00pm: Puzzles/Games	6 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Yoga 12:00pm: Lunch 1:00pm: Trivia	7 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Popcorn & a Movie 12:00pm: Lunch 1:00pm: Games/Cards	8 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Chair Exercise 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socialize/Games	Happy Birthday! Brenda McKee-9/1 Julia McKinnis-9/9 Mary Mills-9/19 Daisy Provost-9/20
11 8:30am: Coffee Sipping w/ Seniors 9:00am: Weekend Reflections 9:30am: Inspirational Word 10:30am: BINGO 12:00pm: Lunch 1:00pm: Socializing & Games	12 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Fitness w/ Donald 12:00pm: Lunch 1:00pm: Puzzles/Games	13 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Yoga 12:00pm: Lunch 1:00pm: Trivia	14 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Popcorn & a Movie 12:00pm: Lunch 1:00pm: Games/Cards	15 8:30am: Coffee Sipping w/ Seniors 9:00am: Inspirational Word 10:00am: Chair Exercise 11:00am: BINGO 12:00pm: Lunch 1:00pm: Socialize/Games	Center Information Site Coordinators: Donna Speed 2013 Central Rd. Baton Rouge, La 70807 Phone: (225) 239-7796 Hours- 8:30am-2:30pm
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