

JUN 2024

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT	
						01 Alzheimer's Awareness	
02	03	04	05	06	07	08	
 Financial Literacy Financial Scams Line Dance	SEA Bingo Brain Teasers Nutritional Ed. SEA MEETING	Wellness Wednesday Movie Cinema	Beyond Bingo Technology Class Sip & Paint	SEA Fun Friday! <i>National Donut Day!</i>			
09	10	11	12	13	14	Birthdays	
Financial Literacy Financial Scams Line Dance	SEA Bingo Brain Teasers Nutritional Ed.	Wellness Wednesday <i>Father's Day Car Show</i>	Beyond Bingo Technology Class Sip & Paint	SEA Fun Friday! B Day Celebration	M. Barnardez 6.5 M. Belvin 6.9 H. Beauchamp 6.15		
16	17	18	19	20			21
Father's Day	Financial Literacy Financial Scams Juneteenth Presentation	SEA Bingo Brain Teasers Nutritional Ed.	Juneteenth Centers Closed 	Beyond Bingo Technology Class Sip & Paint			SEA Fun Friday! Welcoming Summer!
23	24	25	26	27	28		
Financial Literacy Financial Scams Line Dance	SEA Bingo Brain Teasers Nutritional Ed.	Wellness Wednesday Movie Cinema	Beyond Bingo Technology Class SEA MEETING	SEA Fun Friday!			
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NOTES:

Monday ~ Friday Daily Schedule:

8:00 AM – 9:30 AM – Coffee & Conversation
 9:30 AM - Inspirational Words
 11:30 AM – 12:30 PM Lunch

Ben Burge Senior Center

9350 Antigua Dr.
 Baton Rouge, LA 70810
 8:00 AM – 2:00 PM
 Phone: (225) 228-2670

- **Financial Lit.** – Senior's Guide to Financial Scams (And How to Avoid Them) Fake-Check Scams, Medicare Scams
- **Nutritional Ed.** – Overcoming Roadblocks to Healthy Eating
- **Technology** – Online Safety & Technology Tips for Seniors 5 - 7
- **Wellness Wednesday** – Complete Guide to Senior Health – Chronic Diseases and Conditions
- **Activities** – Sip & Paint ~ Geometric Tape Painting
- **Craft** – Friendship Bracelet
- **Awareness** – Alzheimer's Awareness 1; Gun Violence 3;