

JUN 2024

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT	
						01 Alzheimer's Awareness	
02	03	04	05	06	07	08	
 Financial Literacy Financial Scams Yoga 9:30am	SEA Bingo Brain Teasers Nutritional Ed. SEA MEETING	Wellness Wednesday Line Dance 9:00am	Beyond Bingo Technology Class Fitness 11:00am Sip & Paint	SEA Fun Friday! Pool Table Class <i>National Donut Day!</i>			
09	10	11	12	13	14	Birthdays	
Financial Literacy Financial Scams Yoga 9:30am	SEA Bingo Zumba 10:30am Nutritional Ed.	Wellness Wednesday <i>Father's Day Car Show</i>	Beyond Bingo Technology Class Fitness 11:00am Sip & Paint	Sea Fun Friday! Pool Table Class B Day Celebration	B. Jones 6/1 L. Johnson 6.2 T. Lanehart 6.2 S. Smith 6.6 H. Taylor 6.6 M. Gooden 6.12 C. Marsellus 6.13 R. Asberry 6.13 A. Fisher 6.20 B. Young 6.20 P. Augustine 6.21 K. Brown 6.22 B. Wilson 6.24 M. Haney 6.26 R. Smart 6.26 B. Ragas 6.30		
16	17	18	19	20			21
Father's Day	Financial Literacy Financial Scams Juneteenth Presentation	SEA Bingo Zumba 10:30am Nutritional Ed.	Juneteenth Centers Closed 	Beyond Bingo Technology Class Fitness 11:00am Sip & Paint			SEA Fun Friday! Welcoming Summer!
23	24	25	26	27			28
Financial Literacy Financial Scams Yoga 9:30am	SEA Bingo Zumba 10:30am Nutritional Ed.	Wellness Wednesday Line Dance 9:00am	Beyond Bingo Fitness 11:00am Technology Class SEA MEETING	SEA Fun Friday! Pool Table Class Jewelry Making			
30							

NOTES:

Monday ~ Friday Daily Schedule:

8:00 AM – 9:30 AM – Coffee & Conversation
 9:30 AM - Inspirational Words
 11:30 AM – 12:30 PM Lunch

Charles R. Kelly Senior Center

3939 Riley St.
 Baton Rouge, LA 70805
 8:00 AM – 4:30 PM
 Phone: (225) 389-5464

- **Financial Lit.** – Senior's Guide to Financial Scams (And How to Avoid Them) Fake-Check Scams, Medicare Scams
- **Nutritional Ed.** – Overcoming Roadblocks to Healthy Eating
- **Technology** – Online Safety & Technology Tips for Seniors 5 - 7
- **Wellness Wednesday** – Complete Guide to Senior Health – Chronic Diseases and Conditions
- **Activities** – Sip & Paint ~ Geometric Tape Painting
- **Craft** – Friendship Bracelet
- **Awareness** – Alzheimer's Awareness 1; Gun Violence 3;