

DEC 2024



Worldwide Food Service Safety Month

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
	Red Apple Day! Senior Cruise Morning Stretch !0am Fitness 11am	SEA Bingo - 10:00 9:00 Family Feud 1:00 Game of Choice Senior Cruise SMP - Perkins 10:30	<i>National Cookie Day</i> Senior Cruise 9:00 Chair Exercise 10:00 - Chair Volleyball 1:00 Dominos	Senior Cruise BEYOND BINGO - 10:00 9:00 Speed Word 1:00 Line Dance	SEA Fun Friday 9:00 Decorating 10:00 Pokeno Senior Cruise	Senior Cruise
08	09	10	11	12	13	14
	<i>Green Monday</i> Craft - Christmas Cards Chair Stretch 9am Fitness 11am Table Games 1pm	SEA Bingo - 10:00 9:00 Family Feud 1:00 Game of Choice	SEA MEETING 9:00 Chair Exercise 10:00 - Chair Volleyball 1:00 Dominos	BEYOND BINGO - 10:00 9:00 Speed Word 1:00 Line Dance <i>Gingerbread House Day</i>	SEA Fun Friday 9:00 Decorating 10:00 Pokeno <i>National Cocoa Day</i>	 Happy Birthday!
15	16	17	18	19	20	Birthdays
	<i>1st Christmas</i> SEA BINGO - 10:00 Morning Stretch !0am Fitness 11am Table Games 1pm	<i>Christmas Soaks</i> SEA Bingo - 10:00 9:00 Family Feud 1:00 Game of Choice	Natl. TWINS Day Santa Hat Day! 9:00 Chair Exercise 10:00 - Chair Volleyball 1:00 Dominos	SEA CHRISTMAS PARTY Christmas Colors BEYOND BINGO - 10:00 9:00 Speed Word 1:00 Line Dance	<i>Ugly Sweater Day!</i> B Day Celebration SEA Fun Friday 9:00 Decorating 10:00 Pokeno	C. Matthew - 10 P. Castle - 10
22	23	24	25	26	27	
	<i>Natl. Roots Day</i> Chair Stretch 9am Fitness 11am Table Games 1pm	<i>Natl. Eggnog Day!</i> CHRISTMAS EVE SEA Bingo - 10:00 9:00 Family Feud 1:00 Game of Choice	CHRISTMAS DAY Centers Closed HANUKKAH	CHRISTMAS DAY Centers Closed KWANZAA	<i>Merry Christmas</i> 	
29	30	31				
	Morning Stretch !0am Fitness 11am Table Games 1pm	NEW YEAR EVE SEA Bingo - 10:00 9:00 Family Feud 1:00 Game of Choice		BEYOND BINGO - 10:00 9:00 Speed Word 1:00 Line Dance		

NOTES:

Monday ~ Friday Daily Schedule

8:00AM - 9:30AM - Coffee & Conversation
9:30AM - Inspirational Words
11:30AM - 12:30PM Lunch



Perkins Road Senior Center

7122 Perkins Road
Baton Rouge, LA 70808
Phone: 225.302.9662
Hours: 8:00AM - 3:00PM