

JAN 2025



Glaucoma Awareness Month

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
			01	02	03	04
		EBRP Book Mobile Brain Games 8AM Sea Bingo 10:AM Crochet Class 10AM New Year's Eve	New Year Center Closed	Brain Games 8AM Yoga 10AM Beyond Bingo 10:30 Dominoes 1PM	SEA Fun Friday! Movie & Popcorn 1:00pm	
05	06	07	08	09	10	11
	Brain Games 8AM Beginner Sewing 9AM Fitness Class 10AM Water Painting 1PM	EBRP Book Mobile Brain Games 8AM Sea Bingo 10:AM Crochet Class 10AM	Brain Games 8AM Adv. Sewing 9AM Zumba 11AM SEA MEETING	Brain Games 8AM Yoga 10AM Beyond Bingo 10:30 Dominoes 1PM	SEA Fun Friday! Movie & Popcorn 1:00pm	
12	13	14	15	16	17	Birthdays
	Brain Games 8AM Beginner Sewing 9AM Fitness Class 10AM Water Painting 1PM	EBRP Book Mobile Brain Games 8AM Sea Bingo 10:AM Crochet Class 10AM	Brain Games 8AM Adv. Sewing 9AM Zumba 11AM Nat'l Hat Day	Brain Games 8AM Yoga 10AM Beyond Bingo 10:30 Dominoes 1PM Nat'l Fig Newton Day	SEA Fun Friday! Movie & Popcorn 1:00pm B Day Celebration	K. Bowie 4 W. McMiller 7 R. Patrick 14 G. Wheeler 17 G. Buffington 18 V. Williams 20 P. Armstead 22 R. Thomas 25 M. Cage 25 D. Thomas 26 A. Walker 27 G. Hargrove 31
19	20	21	22	23	24	
	MLK DAY Centers Closed 	EBRP Book Mobile Brain Games 8AM Sea Bingo 10:AM Crochet Class 10AM	Brain Games 8AM Adv. Sewing 9AM Zumba 11AM	Brain Games 8AM Yoga 10AM Beyond Bingo 10:30 Dominoes 1PM Vision Board	SEA Fun Friday! Movie & Popcorn 1:00pm Peanut Butter Day	
26	27	28	29	30	31	
	Brain Games 8AM Beginner Sewing 9AM Fitness Class 10AM Water Painting 1PM	EBRP Book Mobile Brain Games 8AM Sea Bingo 10:AM Crochet Class 10AM	Brain Games 8AM Adv. Sewing 9AM Zumba 11AM Nat'l Puzzle Day VISION BOARDS PARTY	Brain Games 8AM Yoga 10AM Beyond Bingo 10:30 Dominoes 1PM SEA MEETING	SEA Fun Friday! Movie & Popcorn 1:00pm Heart - Art Day	

Notes:

Monday ~ Friday Daily Schedule
8:00AM – 9:30AM – Coffee & Conversation
9:30AM - Inspirational Words
11:30AM – 1:00PM Lunch



The Lotus Center Senior Center

1701 Main Street
Baton Rouge, LA 70802
Phone: 225.923.8000
Hours: 8:00AM – 4:30PM