




FEB 2025



American Heart Month

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
						01
						
02	03	04	05	06	07	08
	9:30AM YOGA 10AM BRAIN GAMES ARTS & CRAFTS	SEA Bingo 10AM ZUMBA Nutritional Ed. Healthy Eating	Wellness Wednesday 9AM Sweep Line Dance 11AM Arts & Crafts	Beyond Bingo Technology Class 11:00AM Fitness	SEA Fun Friday! CARE MANAGER Speak from the Heart	
09	10	11	12	13	14	Birthdays
	9:30AM YOGA 10AM BRAIN GAMES ARTS & CRAFTS	SEA Bingo 10AM ZUMBA 10:30AM LIBRARY	Wellness Wednesday 9AM Sweep Line Dance 11AM Arts & Crafts	Beyond Bingo 10:30 Medicare Patrol 1:00PM SU AG Technology Class	Valentine's Day Sweetheart Sock Hop Soiree' B D Celebration	Linda S. 1 Ethel M. 2 Margaret F. 3 Betty B. 3 Marie B. 5 Edith B. 5 Lionel H. 8 Mildred T. 9 Marry F. 10 Evella Q. 12 Curtis W. 14 Jessie W. 14 Larry E. 14 Marry W. 15 Mattie T. 17 Loretha T. 27 Betty J. 27 Betty J. 27 Ivory T. 28
16	17	18	19	20	21	
	9:30AM YOGA 10AM BRAIN GAMES ARTS & CRAFTS	SEA Bingo 10AM ZUMBA Nutritional Ed. Healthy Eating Lets Talk	Wellness Wednesday 9AM Sweep Line Dance 1PM Black History Choir	Beyond Bingo Left, Right, Center Technology Class	SEA Fun Friday! CARE MANAGER	
23	24	25	26	27	28	
	9:30AM YOGA 10AM BRAIN GAMES ARTS & CRAFTS	SEA Bingo 10AM ZUMBA Nutritional Ed. Healthy Eating SMP C R Kelly 10:45am	Wellness Wednesday 9AM Sweep Line Dance 11AM Arts & Crafts	Beyond Bingo BLACK HISTORY PRESENTATIONS CENTRAL	SEA/FUN/Day Fitness/11:00 Scrabble	

NOTES:

Monday ~ Friday Daily Schedule
 8:00AM – 9:30AM – Coffee & Conversation
 9:30AM - Inspirational Words
 11:30AM – 1:00PM - Lunch



Charles R. Kelly Senior Center

13211 Jackson Road
 Zachary, LA 70791
 Phone: 225.286.4101
 Hours – 8:00AM – 2:00PM