

FEB 2025



American Heart Month

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
						01
						
02	03	04	05	06	07	08
	Brain Teaser Survival Kit Craft 10:00 Valentine A-Z	Brain teaser SEA Bingo 10:30am Financial Literacy	Brain Teaser Wellness Wed Left Right Center 10:00	Brain Teaser Beyond Bingo 10:30 FITNESS 9:30	SEA Fun Friday! Brain Teaser Super Bowl Party 10:00 Fun Fri.	
09	10	11	12	13	14	Birthdays
	Brain Teaser Medicare Patrol Wuzzle Game	Brain Teaser SEA Bingo 10:30am Financial Literacy Ms. Gaubert	Brain Teaser Wellness Wed Pokeno 10:00	Brain Teaser Beyond Bingo 10:30 FITNESS 9:30	Valentine's Day Sweetheart Sock Hop Soiree' B D Celebration	H. Mccaleb 04 A. Tate 05 C. Matthews 06 M. Ceaser 13 K. Dunn 17 T. Futch 26
16	17	18	19	20	21	
	Brain Teaser SUAG 9:45 Presidents Quiz	Brain Teaser SEA Bingo 10:30am Bookmobile 10:00	Brain Teaser Wellness Wed Chicken Foot	Brain Teaser Beyond Bingo 10:30 FITNESS 9:30	SEA Fun Friday! Brain Teaser BLK Recognition Fun Fri.	
23	24	25	26	27	28	
	Brain Games Lantern Craft Twister Game	Brain Teaser SEA Bingo 10:30am Financial Literacy	Brain Teaser Wellness Wed Table Tennis	Brain Teaser Beyond Bingo 10:30 FITNESS 9:30 BLACK HISTORY PRESENTATIONS LOTUS	SEA Fun Friday! Brain Teaser Movie & Popcorn Card Games	

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch



Dumas House Senior Center

1313 North Sherwood Forrest

Baton Rouge, LA 70817

Phone: 225.388.5646

Hours – 8:00AM – 2:30PM