

APR 2025

Stress Awareness Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
		01	02 (Autism Awareness)	03	04	05
		SEA Bingo 10:30 Nutrition Ed. 9am Music (Country) 12:30pm	Wellness Wednesday Boots on the Ground 8:30am Wear Lavender LSU Ag. 9:30am Brain Games 12:30	Beyond Bingo 9:30 Brain Game 10am Tech Class 1pm	SEA Fun Friday! Exercise 9:30am Brain Game 10:30am Board Game 1pm	
06	07	08	09	Sibling Day 10	11	12
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Arts/Crafts 10:30am	SEA Bingo 10:30 Nutrition Ed. 9am Music (Blues) 1pm	Wellness Wednesday Boots on the Ground 8:30am Brain Games 11am Will Bowling 1pm	Beyond Bingo 9:30 Chair Volley 10am Brain Game 12:30pm Tech Class 1pm	SEA Fun Friday! Exercise 9:30am Brain Game 10:30am Board Game 1pm	
13	14	15	16	17	18	Birthdays
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Wii Bowling 12:30pm	SEA Bingo 10:30 Nutrition Ed. 9am Music (Jazz) 12:30pm	Wellness Wednesday Boots on the Ground 8:30am B D Celebration Brain Games 11am	Beyond Bingo 9:30a Brain Game 8am Easter Celebration Egg Hunt 12:30pm	Good Friday! Center Closed	K. Wells 2 L. Pitts 21 D. Horton 22 C. Stages 24
20	21	Jelly Beans Day 22	23	24	25	
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Billiards 12:30pm	SEA Bingo 10:30 Nutrition Ed. 9am Fruit Sculpture 9:30am	Wellness Wednesday Boots Ground 8:30am SEA MEETING 2:30 Brain Games 10:30 Music (R&B) 12:30pm	Movie/Popcorn 9am Beyond Bingo 12:30 Brain Game 8am Tech Class 1pm	SEA Fun Friday! Exercise 9:30am Brain Game 10:30am Board Game 1pm	
27	28	Dance Day 29	Jazz Day 30			
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Music (Reggae) 12:30pm	SEA Bingo 10:30 Nutrition Ed. 9am Wii Bowling 1pm	Wellness Wednesday Boots on the Ground 8:30am Wii Bowling 1pm			

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch

Tuesdays – Lotus Zone – 4:30pm



Baker Senior Center

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Baker, LA 70714

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Hours – 8:00AM – 2:00PM