## **MAR2025**



## **National Disability Awareness**

"Making aging engaging one activity at a time!"

| SUN                     | MON  | TUE  | WED   | THU   | FRI  | SAT                  |
|-------------------------|--|--|---|---|--|----------------------|
|                         |  |  |   |   |  | 01                   |
| "(                      | Celebrate M  | eals on Mhe  | els!"   |   | :  |                      |
| 02                      | 03   | 04   | 05  | 06  | 07   | 80                   |
|                         | Lundi Gras<br>Centers Closed   | Mardi Gras<br>Centers Closed   | Wellness<br>Wednesday<br>Brain Games 8:30<br>Arts/Crafts – 10:30<br>Wellness Fitness –<br>11:00 | <b>Beyond Bingo 12:30</b> Mix & Mingle 9:00 Zumba – 10:00           | SEA Fun Friday!<br>Brain Games 8:30<br>Pokeno – 12:30<br>Movie/Popcorn 1:30      | Shappy & Birthday    |
| 09                      | 10   | 11   | 12  | 13  | 14   | Birthdays            |
|                         | Brain Games 8:30<br>Yoga – 10:30<br>Arts/Crafts – 9:30<br>Pokeno – 12:30<br>Financial Ed 1:00<br>PM        | Nutritional ED 9<br>AM<br>Brain Games –<br>8:30 AM                                   | Wellness Wednesday Brain Games 8:30 Arts/Crafts – 10:30 Wellness Fitness – 11:00 SEA Meeting    | Beyond Bingo<br>12:30<br>Mix & Mingle 9:00<br>Zumba – 10:00         | B Day<br>Celebration<br>Brain Games 8:30<br>Pokeno – 12:30<br>Movie/Popcorn 1:30 | D. Trim B. Richard 1 |
| 16                      | 17   | 18   | 19  | 20  | 21   |                      |
| St.<br>Patrick's<br>Day | Brain Games 8:30<br>Yoga – 10:30<br>Arts/Crafts – 9:30<br>Pokeno – 12:30<br>Financial Ed 1PM<br>Wear Green | SEA Bingo<br>Nutritional ED 9<br>AM<br>Brain Games –<br>8:30 AM                      | Wellness Wednesday Brain Games 8:30 Arts/Crafts – 10:30 Wellness Fitness – 11:00                | Beyond Bingo 12:30 Mix & Mingle 9:00 Zumba – 10:00  Food Pantry Day | SEA Fun Friday!<br>Brain Games 8:30<br>Pokeno – 12:30<br>Movie/Popcorn 1:30      |                      |
| 23                      | 24   | 25   | 26  | 27  | 28   |                      |
|                         | Brain Games 8:30<br>Yoga – 10:30<br>Arts/Crafts – 9:30<br>Pokeno – 12:30<br>Financial Ed 1:00<br>PM        | SEA Bingo Nutritional ED 9 AM Brain Games – 8:30 AM WEAR PURPLE (Epilepsy Awareness) | Wellness<br>Wednesday<br>Brain Games 8:30<br>Arts/Crafts – 10:30<br>Wellness Fitness –<br>11:00 | <b>Beyond Bingo 12:80</b> Mix & Mingle 9:00 Zumba – 10:00           | SEA Fun Friday!<br>Brain Games 8:30<br>Pokeno – 12:30<br>Movie/Popcorn 1:30      |                      |
| 30                      | 31   |  |   |   |  |                      |

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM - 1:00PM Lunch



## Leo S. Butler Senior Center

950 Lorri Burgess Avenue Baton Rouge, LA 70802 Phone: 225.2344.6775 Hours - 8:00AM - 3:00PM