

MAR 2025



National Disability Awareness

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
						01
"Celebrate Meals on Wheels!"						
02	03	04	05	06	07	08
	Lundi Gras Centers Closed	Mardi Gras Centers Closed	Wellness Wednesday	Beyond Bingo Brain Activity 8Am Yoga 10Am B Bingo 10:45Am Classic Movie 1Pm	SEA Fun Friday! Brain games 8:30 Art/Crafts – Card games 9:30	
09	10	11	12	13	14	Birthdays
	Financial Literacy 1pm Memory Games 8Am Sewing 9Am Fitness 10Am Spade Social 1Pm	SEA Bingo Nutritional Ed. Brain Teaser 8Am Crochet 10Am Sea Bingo 10Am Tables Activities 1P	Wellness Wednesday Brain Activity 8Am St. Patrick's Day Craft 10Am Zumba 11 Am SEA Meeting	Beyond Bingo Brain Activity 8Am Yoga 10Am B Bingo 10:45Am Classic Movie 1Pm Technology Class	B Day Celebration ST. PATTY PARTY	J. Williams 3 D. Toussaint 3 K. Rivers 1 D. Pullins 12 C. Salvage 6 S.O'Connor 31 D. Douglas 24 R. Cain 24 S. Allens 29 F. Derosant 16 L. Jordan 16 V. Johnson 16 W. Jackson 28 D. Hall 16 I. Ginn 13
16	17	18	19	20	21	
St. Patrick's Day	Financial Lit. 1pm Teasers Games 8Am Sewing 9Am Line Dancing 10Am Table Activities 1Pm Wear Green (St. Patrick's)	SEA Bingo Brain Teaser 8Am Crochet 10Am Sea Bingo 10Am Tables Activities 1P Nutritional Ed.	Wellness Wednesday Brain Activity 8Am St. Patrick's Day Craft 10Am Zumba 11 Am	Beyond Bingo Brain Activity 8Am Yoga 10Am B Bingo 10:45Am Classic Movie 1Pm Technology Class	SEA Fun Friday! Brain games 8:30 Art/Crafts – Card games 9:30	
23	24	25	26	27	28	
	Financial Literacy 1pm Brain Teaser 8Am Sewing 9Am Fitness 10Am Movie 1Pm	SEA Bingo Brain Teaser 8Am Crochet 10Am Sea Bingo 10Am Tables Activities 1P WEAR PURPLE (Epilepsy Awareness)	Wellness Wednesday Brain Activity 8Am St. Patrick's Day Craft 10Am Zumba 11 Am	Beyond Bingo Brain Games 8Am Crochet 9Am Yoga 10Am B Bingo 10:30Am Tables Activities 1Pm	SEA Fun Friday! Brain games 8:30 Art/Crafts – Card games 9:30	
30	31					

NOTES:

Monday ~ Friday Daily Schedule
8:00AM – 9:30AM – Coffee & Conversation
9:30AM - Inspirational Words
11:30AM – 1:00PM Lunch



The Lotus Senior Center

1701 Main Street
Baton Rouge, LA 70802
Phone: 225.923.8000
Hours – 8:00AM – 4:30PM