

# APR 2025

## Stress Awareness Month



*"Making aging engaging one activity at a time!"*

SUN	MON	TUE	WED	THU	FRI	SAT
		<b>01</b>	<b>02</b> <small>(Autism Awareness)</small>	<b>03</b>	<b>04</b>	<b>05</b>
		<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Zumba 10am	<b>Wellness Wednesday</b> Boots on the Ground 8:30am <i>Wear Lavender</i> S. Line Dsnce 11am Arts & Crafts	<b>Beyond Bingo 10:30</b> Brain Game 8am Tech Class 9am Fitness 11am	<b>SEA Fun Friday!</b> Brain Game 8am Board Game 10pm <b>CRK Bingo 1pm</b>	
<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b> <i>Sibling Day</i>	<b>11</b>	<b>12</b>
	Brain Game 8am <i>SEA Call 9:15am</i> <b>Financial Lit. 10am</b> Arts & Crafts 1pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Zumba 10am	<b>Wellness Wednesday</b> Boots on the Ground 8:30am S. Line Dsnce 11am Arts & Crafts	<b>Beyond Bingo 10:30</b> Brain Game 8am Tech Class 9am <i>SMP 10:30a</i>	<b>SEA Fun Friday!</b> Brain Game 8am Board Game 10pm <b>CRK Bingo 1pm</b>	
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>Birthdays</b>
	Brain Game 8am <i>SEA Call 9:15am</i> <b>Financial Lit. 10am</b> Arts & Crafts 1pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Zumba 10am	<b>Wellness Wednesday</b> Boots on the Ground 8:30am <b>BD Celebration</b> 	<b>Beyond Bingo 10:30</b> Brain Game 8am Tech Class 9am Fitness 11am	<b>Good Friday!</b> Center Closed	E. underwood 24 A. Scott 15 S. Washington 19 M. thurman 11 S. thigpen 23 D. Belseth 9 R. Stewart 11 P. Williams 18 C. Battley 13 L. Conner 18 D. Johnson 26 J. Bennet 19
<b>20</b>	<b>21</b>	<b>22</b> <i>Jelly Beans Day</i>	<b>23</b>	<b>24</b>	<b>25</b>	
	Brain Game 8am <i>SEA Call 9:15am</i> <b>Financial Lit. 10am</b> Arts & Crafts 1pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Zumba 10am	<b>Wellness Wednesday</b> Boots on the Ground 8:30am <b>SEA MEETING 2:30 PM</b> S. Line Dsnce 11am Arts & Crafts	<b>Beyond Bingo 10:30</b> Brain Game 8am Tech Class 9am Fitness 11am	<b>SEA Fun Friday!</b> Brain Game 8am Board Game 10pm <b>CRK Bingo 1pm</b>	
<b>27</b>	<b>28</b>	<b>29</b> <i>Dance Day</i>	<b>30</b> <i>Jazz Day</i>			
	Brain Game 8am <i>SEA Call 9:15am</i> <b>Financial Lit. 10am</b> Arts & Crafts 1pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Zumba 10am	<b>Wellness Wednesday</b> Boots on the Ground 8:30am S. Line Dsnce 11am Arts & Crafts			

**NOTES:**

**Monday ~ Friday Daily Schedule**

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch

**Tuesdays** – Lotus Zone – 4:30pm



**Charles R. Kelly Senior Center**

3939 Riley Street

Baton Rouge, LA 70805

Phone: 225.389.5464

Hours – 8:00AM – 4:30PM