## **MAY2025**



## Wental Health Awareness

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
	IVION	TUE	WED			
				Prayer Day <b>01</b>	02	03
				Beyond Bingo 10:30	SEA Fun Friday! Brain Game 8am	
				Brain Game 8am	Board Game 9:30am	
				Tech Class 9am	Cards10:30am	
04	lemonade Day 05	Teacher Day 06	07	Red Cross Day 08	09	10
	Brain Game 8am SEA Call 9:15am	SEA Bingo	Wellness Wednesday Morn. Stretch 8:30am		SEA Fun Friday!	
	Financial Lit.	10:30 Nutrition Ed. 9am	Yoga9:30am	Mother's	Brain Game 8am Board Game 9:30am	
	10am Arts/Craft10:30a	Fitness9:30am	Cards/Puzzles10:30am	Day Brunch	Cards10:30am	IVIdy
	m					THE RESERVE
11	12	13	14	Family Day 15	Pizza Party 16	Birthdays
MOM	Brain Game 8am SEA Call 9:15am	SEA Bingo	Wellness Wednesday Morn, Stretch 8:30am	Beyond	SEA Fun Friday!	
MAY	Financial Lit.	10:30 Nutrition Ed. 9am	Yoga9:30am	Bingo 10:30 Brain Game 8am	Brain Game 8am Board Game 9:30am	<b>G.</b> Abney 9
	10am Arts/Craft10:30am	Fitness9:30am	Cards/Puzzles10:3 0am	Tech Class 9am	B Day Celebration	A. Walker 11
	,				Celebration	L. Cage 15
18	19	20	Tea Day <b>21</b>	22	23	J. Haney 17
	Brain Game 8am	SEA Bingo	Wellness Wednesday	Beyond	SEA Fun Friday!	M. Scales 22
	SEA Call 9:15am Financial Lit.	10:30 Nutrition Ed. 9am	Morn. Stretch 8:30am Yoga9:30am	Bingo 10:30 Brain Game 8am	Brain Game 8am Board Game 1pm	
	10am Arts/Craft10:30am	Fitness9:30am	Women's Aux10:30	Tech Class 9am	Board Game Tpm	
	Arts/Ciaitio.50am					
25	26	27	28	29	Creative Day 30	
	Memorial	SEA Bingo 10:30	Wellness Wednesday Morn. Stretch 8:30am	Beyond Bingo 10:30	Centers	
	Day	Nutrition Ed. 9am	Yoga9:30am Cards/Puzzles10:30	Brain Game 8am		
	Centers Closed	Fitness9:30am	Carus/Puzzies10:30	Tech Class 9am <b>SEA MEETING</b>	Closed	
				SMP – 10:30am		

## NOTES:

**Monday** ~ **Friday Daily Schedule** 8:00AM – 9:30AM – Coffee & Conversation 9:30AM - Inspirational Words

11:30AM - 1:00PM Lunch

Sea ...

Jewel J. Newman Senior Center

2 013 Central Road

Baton Rouge, LA 70807 Phone: 225.239.7796 Hours – 8:00AM – 2:00PM