

MAY 2025

Mental Health Awareness



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
				Prayer Day 01	02	03
				Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 9:30am Cards 10:30am	
04	lemonade Day 05	Teacher Day 06	07	Red Cross Day 08	09	10
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Arts/Craft 10:30am	SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30am	Wellness Wednesday Morn. Stretch 8:30am Yoga 9:30am Cards/Puzzles 10:30am	Mother's Day Brunch	SEA Fun Friday! Brain Game 8am Board Game 9:30am Cards 10:30am	
11	12	13	14	Family Day 15	Pizza Party 16	Birthdays
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Arts/Craft 10:30am	SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30am	Wellness Wednesday Morn. Stretch 8:30am Yoga 9:30am Cards/Puzzles 10:30am	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 9:30am B Day Celebration	G. Abney 9 A. Walker 11 L. Cage 15 J. Haney 17 M. Scales 22
18	19	20	Tea Day 21	22	23	
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Arts/Craft 10:30am	SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30am	Wellness Wednesday Morn. Stretch 8:30am Yoga 9:30am Women's Aux 10:30	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 1pm	
25	26	27	28	29	Creative Day 30	
	Memorial Day Centers Closed	SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30am	Wellness Wednesday Morn. Stretch 8:30am Yoga 9:30am Cards/Puzzles 10:30	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am SEA MEETING SMP – 10:30am	Centers Closed	

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation
 9:30AM - Inspirational Words
 11:30AM – 1:00PM Lunch



Jewel J. Newman Senior Center

2 013 Central Road
 Baton Rouge, LA 70807
 Phone: 225.239.7796
 Hours – 8:00AM – 2:00PM