

# MAY 2025

## Mental Health Awareness



*"Making aging engaging one activity at a time!"*

SUN	MON	TUE	WED	THU	FRI	SAT
				Prayer Day <b>01</b>	<b>02</b>	<b>03</b>
				<b>Beyond Bingo 10:30</b> Brain Game 9am Tech Class 1pm	<b>SEA Fun Friday!</b> Brain Game 8am Exercise 9:30am Board Game 1pm	
<b>04</b>	lemonade Day <b>05</b>	Teacher Day <b>06</b>	<b>07</b>	Red Cross Day <b>08</b>	<b>09</b>	<b>10</b>
	Brain Game 8am <b>SEA Call 9:15am</b> Financial Lit. 10am Wii Bowling 12:30pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am <b>Baker -SMP 10:30</b> Arts & Craft 9:30am	<b>Wellness Wednesday</b> Morn. Stretch 8:30am Brain Games 9:30am Arts & crafts 10am	<i>Mother's Day Brunch</i>	<b>SEA Fun Friday!</b> Brain Game 8am Exercise 9:30 am Mother's Day Tribute 1 pm	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	Family Day <b>15</b>	Pizza Party <b>16</b>	<b>Birthdays</b>
	Brain Game 8am <b>SEA Call 9:15am</b> Financial Lit. 10am Wii Bowling 1:00pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Brain Games 12:30pm	<b>Wellness Wednesday</b> Morn. Stretch 8:30am Connect Four 9:30 am Karaoke 12:30 pm	<b>Beyond Bingo 10:30</b> Brain Game 8am Tech Class 9am	<b>SEA Fun Friday!</b> Brain Game 8am Exercise 9:30 am Board Game 1pm <b>B Day Celebration</b>	M. Jackson 1 J. Williams 14 F. Spann 23 L. Barber 26
<b>18</b>	<b>19</b>	<b>20</b>	Tea Day <b>21</b>	<b>22</b>	<b>23</b>	
	Brain Game 8am <b>SEA Call 9:15am</b> Financial Lit. 10am Wii Bowling 12:30pm	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Brain Games 12:30pm	<b>Wellness Wednesday</b> Morn. Stretch 8:30am Mix Match 9:30am Board Game 1pm	<b>Beyond Bingo 10:30</b> Brain Game 9am Tech Class 1pm	<b>SEA Fun Friday!</b> Brain Game 8am Exercise 9:30am Board Game 1pm	
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	Creative Day <b>30</b>	
	<b>Memorial Day</b> Centers Closed	<b>SEA Bingo 10:30</b> Nutrition Ed. 9am Charades 12:30p	<b>Wellness Wednesday</b> Morn. Stretch 8:30am Fruit Mixer 9:30am Music 12:30pm	<b>Beyond Bingo 12:30</b> Movie/Popcorn 9a Music 1:30pm <b>SEA MEETING</b>	<b>Centers Closed</b>	

### NOTES:

#### Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation  
9:30AM - Inspirational Words  
11:30AM – 1:00PM Lunch



#### Baker Senior Center

3334 Jefferson Street  
Baker, LA 70714  
Phone: 225.366.6432  
Hours – 8:00AM – 2:00PM