

MAY 2025

Mental Health Awareness



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
				ayer Day 01	02	03
				Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 1pm	
04	lemonade Day 05	Teacher Day 06	07	Red Cross Day 08	09	10
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am	SEA Bingo 10:30 Nutrition Ed. 9am Floral Arrangement	Wellness Wednesday Morn. Stretch 8:30am	Mother's Day Brunch	SEA Fun Friday! Brain Game 8am Board Game 1pm	
11	12	13	14	Family Day 15	Pizza Party 16	Birthdays
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am	SEA Bingo 10:30 Nutrition Ed. 9am	Wellness Wednesday Morn. Stretch 8:30am	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 1pm B Day Celebration	Shedrick D. 3 JoJo N. 8 Inez T. 9 Karen L. 17 Sharen S. 17
18	19	20	Tea Day 21	22	23	
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am	SEA Bingo 10:30 Nutrition Ed. 9am	Wellness Wednesday Morn. Stretch 8:30am	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Board Game 1pm	
25	26	27	28	29	Creative Day 30	
	Memorial Day Centers Closed	SEA Bingo 10:30 Nutrition Ed. 9am	Wellness Wednesday Morn. Stretch 8:30am	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am SEA MEETING	Centers Closed	

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation
9:30AM - Inspirational Words
11:30AM – 1:00PM Lunch



Ben Burge Senior Center

9350 Antiqua Drive
Baton Rouge, LA 70810
Phone: 225.228.2670
Hours – 8:00AM – 2:00PM