

# MAY 2025

## Mental Health Awareness



*"Making aging engaging one activity at a time!"*

SUN	MON	TUE	WED	THU	FRI	SAT
				Prayer Day <b>01</b>	<b>02</b>	<b>03</b>
				<b>Beyond Bingo 12:30</b> Brain Game 8am Zumba - 10:00	<b>SEA Fun Friday!</b> Brain Game 8am Game of Choice - 12:30 Mix & Mingle - 9:00	
<b>04</b>	lemonade Day <b>05</b>	Teacher Day <b>06</b>	<b>07</b>	Red Cross Day <b>08</b>	<b>09</b>	<b>10</b>
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Yoga 10:30 Pokeno - 12:30	<b>SEA Bingo 12:30</b> Nutrition Ed. 9am Brain Games - 8:30 Mother's Day Celebration - 10:00	<b>Wellness Wednesday</b> Arts & Crafts - 10:30 Fitness - 11:00 Pokeno - 12:30	Mother's Day Brunch	<b>SEA Fun Friday!</b> Brain Game 8am Game of Choice - 12:30 Mix & Mingle - 9:00	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	Family Day <b>15</b>	Pizza Party <b>16</b>	<b>Birthdays</b>
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Yoga - 10:30 Pokeno - 12:30	<b>SEA Bingo 12:30</b> Nutrition Ed. 9am Brain Games - 8:30	<b>Wellness Wednesday</b> Arts & Crafts - 10:30 Fitness - 11:00 Pokeno - 12:30	<b>Beyond Bingo 12:30</b> Brain Game 8am Zumba - 10:00 Arts & Crafts - 11:00 <b>FOOD PANTRY</b>	<b>SEA Fun Friday!</b> Brain Game 8am Game of Choice - 12:30 Mix & Mingle - 9:00 B Day Celebration	K. Gandy - 24 S. Plummer - 28
<b>18</b>	<b>19</b>	<b>20</b>	Tea Day <b>21</b>	<b>22</b>	<b>23</b>	
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<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	Creative Day <b>30</b>	
	Memorial Day Centers Closed	<b>SEA Bingo 12:30</b> Nutrition Ed. 9am Brain Games - 8:30	<b>Wellness Wednesday</b> Arts & Crafts - 10:30 Fitness - 11:00 Pokeno - 12:30	<b>Beyond Bingo 12:30</b> Brain Game 8am Zumba - 10:00 Arts & Crafts 11:00 <b>SEA MEETING</b>	<b>Centers Closed</b>	

### NOTES:

#### Monday ~ Friday Daily Schedule

8:00AM - 9:30AM - Coffee & Conversation  
9:30AM - Inspirational Words  
11:30AM - 1:00PM Lunch  
Tuesday - Lotus Zone - 4:30 PM



#### Leo S. Butler Senior Center

950 Lorri Burgess Avenue  
Baton Rouge, LA 70802  
Phone: 225.344.6775  
Hours - 8:00AM - 3:00PM