


JUN 2025

National Safety Month



"Making aging engaging one activity at a time!"

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------------|---|--|---|--|--|---|
| 01 | 02 | Creative Day 03 | 04 | 05 | 06 | 07 |
| | Brain Game 8am SEA Call 9:15am Fitness 9:30am Financial Lit. 10:30am Ping Pong 2pm Art Club 2pm | Brain Games 8am SEA Bingo 10:30 am Nutrition Ed. 9am Puzzles & Games 1pm Billiards 2pm | Wellness Wednesday Brain Games 8am ZUMBA 9:30am Fitness 12:30pm Sewing Club 2pm Puzzles & Games 2pm | Brain Games 8am Beyond Bingo 10:30 Chess Club 2pm Puzzles & Games 2pm SEA Meeting 2:30pm | SEA Fun Friday! Brain Game 8am Cookie Word Game 9am Board Games 1pm Spades Club 2pm Ping Pong 2pm |  |
| 08 | 09 | Iced Tea Day 10 | 11 | 12 | 13 | Birthdays |
| | Brain Game 8am SEA Call 9:15am Fitness 9:30am Financial Lit. 10:30am Billiards 2pm Art Club 2pm | Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Puzzles & Games 1pm Ping Pong 2pm | Father's Day Car Show | Brain Games 8am Beyond Bingo 10:30 Chess Club 2pm Puzzles & Games 2pm Billiards 2pm | SEA Fun Friday! Brain Game 8am Board Games 1pm Puzzles & Games 2pm Billiards 2pm B Day Celebration | Joyce S.1 Diane S.1 Kim B. 4 Margaret G.9 Raymond M. 12 Sharon H. 13 Charles S. 20 Missy L. 22 Maria S 27 |
| 15 | Fudge Day 16 | 17 | 18 | 19 | 20 | |
| Father's Day | Brain Game 8am SEA Call 9:15am Fitness 9:30am Financial Lit. 10:30am Ping Pong 2pm Art Club 2pm | Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Puzzles & Games 1pm Billiards 2pm | Wellness Wednesday Brain Games 8am ZUMBA 9:30am Fitness 12:30pm Sewing Club 2pm Puzzles & Games 2pm | Juneteenth Centers Closed | SEA Fun Friday! Brain Game 8am Board Games 1pm Puzzles & Games 2pm Ping Pong 2pm | |
| 22 | Let It Go Day 23 | 24 | 25 | 26 | Bingo Day 27 | |
| | Brain Game 8am SEA Call 9:15am Fitness 10:30am Financial Lit. 10:30am Billiards 2pm Art Club 2pm | Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Puzzles & Games 1pm Ping Pong 2pm | Wellness Wednesday Brain Games 8m ZUMBA 9:30am Fitness 12:30pm Sewing Club 2pm Puzzles & Games 2pm | Brain Games 8am Beyond Bingo 10:30 Chess Club 2pm Ping Pong 2pm | SEA Fun Friday! Brain Game 8am Board Game 1pm Puzzles & Games 2pm Billiards 2pm | |
| 29 | 30 | | | | | |
| | Brian Games 8am SEA Call 9:15am Fitness 10:30am Ping Pong 2pm Art Club 2pm | | | | | |

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch



Antioch Senior Center

7140 East Antioch Road

Baton Rouge, LA 70817

Phone: 225.246.7994

Hours – 8:00AM – 4:30PM