

JUN 2025

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03 Creative Day	04	05	06	07
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Board Games 1pm	Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30	Wellness Wednesday Morn. Stretch 8:30am Brain Games 9am Chair Exer. 10am MLK Bingo 1pm	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Board Games 1pm SEA Meeting 2:30pm	SEA Fun Friday! Brain Game 8am Board Game 9am Movie/popcorn 10am MLK Bingo 1pm	
08	09	10 Iced Tea Day	11	12	13	Birthdays
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Board Games 1pm	Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30	Wellness Wednesday Morn. Stretch 8:30am Brain Games 9am Chair Exer. 10am MLK Bingo 1pm	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Board Games 1pm	SEA Fun Friday! Brain Game 8am Board Game 9am Movie/popcorn 10am MLK Bingo 1pm	
15	16 Fudge Day	17	18	19	20	
Father's Day	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Board Games 1pm	Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30	Wellness Wednesday Morn. Stretch 8:30am Brain Games 9am Chair Exer. 10am MLK Bingo 1pm	Juneteenth Centers Closed	SEA Fun Friday! Brain Game 8am Board Game 9am Movie/popcorn 10am MLK Bingo 1pm	
22	23 Let It Go Day	24	25	26	27 Bingo Day	
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Board Games 1pm	Brain Games 8am SEA Bingo 10:30 Nutrition Ed. 9am Fitness 9:30	Wellness Wednesday Morn. Stretch 8:30am Brain Games 9am Chair Exer. 10am MLK Bingo 1pm	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Board Games 1pm	SEA Fun Friday! Brain Game 8am Board Game 9am Movie/popcorn 10am MLK Bingo 1pm	
29	30					

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch



Pearl George Senior Center

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Baton Rouge, LA 70802

Phone: 225.389.3188

Hours – 8:00AM – 4:30PM