

JUN 2025

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	Creative Day 03	04	05	06	07
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Bridge Club 8am Yoga 11am	SEA Bingo 10:30 Nutrition Ed. 9am \Mobility 10am YouTube Yoga 12:30	Wellness Wednesday Mobility 10am Crafts 10:30 Bingo 12:30	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Fitness 12:30 Table Games 12:30 SEA Meeting 2:30pm	SEA Fun Friday! Brain Game 8am Mobility 10am Board Game 10:30	
08	09	Iced Tea Day 10	11	12	13	Birthdays
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Bridge Club 8am YOGA	SEA Bingo 10:30 Nutrition Ed. 9am \Mobility 10am YouTube Yoga 12:30	Wellness Wednesday Mobility 10am Crafts 10:30 BINGO 12:30	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Fitness 12:30	SEA Fun Friday! SEA Fun Friday! Brain Game 8am Mobility 10am BOARD GAME 10:30 B Day	D. George 18 J. Navarre 7 P. Reeves 28 D. Seal 1 C. Tillman 6 L. Frank 2
15	Fudge Day 16	17	18	19	20	
Father's Day	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Bridge Club 8am Yoga 11am	SEA Bingo 10:30 Nutrition Ed. 9am \Mobility 10am YouTube Yoga 12:30	Wellness Wednesday Mobility 10am Crafts 10:30 Bingo 12:30	Juneteenth Centers Closed	SEA Fun Friday! Brain Game 8am Mobility 10am Board Game 10:30	
22	Let It Go Day 23	24	25	26	Bingo Day 27	
	Brain Game 8am SEA Call 9:15am Financial Lit. 10am Bridge Club 8am Yoga 11am	SEA Bingo 10:30 Nutrition Ed. 9am \Mobility 10am YouTube Yoga 12:30	Wellness Wednesday Mobility 10am Crafts 10:30 Bingo 12:30	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am Fitness 12:30	SEA Fun Friday! Brain Game 8am Mobility 10am Board Game 10:30	
29	30					

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch



Central Lotus Senior Center

1111 Park Place Suite C

Baton Rouge, LA 70817

Phone: 225.615.8339

Hours – 8:00AM – 4:30PM