



Supporting Independence ~ **Serving Seniors**

**EAST BATON ROUGE
COUNCIL ON AGING**

ANNUAL REPORT
CALENDAR YEAR 2018
FISCAL YEAR 2018



The East Baton Rouge Council on Aging (EBRCOA) is dually designated as an Area Agency on Aging (AAA) and a Council on Aging (COA). EBRCOA oversight agencies includes the Administration of Aging, which is responsible for enforcing the Older Americans Act, the Governor's Office of Elderly Affairs (GOEA) is the State Unit on Aging, which manages the Louisiana State Plan on Aging, and is the dedicated state agency for administering federal funds from the Administration on Aging. The EBRCOA is governed by the Area Plan that the agency submits to GOEA for the period 2015-2019. The agency is a nonprofit 501(c)(3) organization with a quasi-governmental designation.

Governance

EBRCOA is mandated by the Older Americans Act (OAA), to respond to the needs of Americans aged 60 and over in the local community with the goal of keeping seniors living independently in their own homes.

§1179. Preference shall be given to providing services to older individuals with greatest social need, with particular attention to low-income minority individuals. The term greatest economic need is defined as the need resulting from an income level at or below the poverty threshold established by the Bureau of the Census.

The term greatest social need means the need caused by non-economic factors, which include physical and mental disabilities, language barriers, cultural or social isolation including that caused by racial or ethnic status, which restrict an individual's ability to perform normal daily tasks or threaten his capacity to live independently.

Full service providers shall attempt to provide services to low-income minority individuals at least in proportion to the number of low-income minority older persons in the population services by the provider.

Performance Expectations

Performance expectations of the State and Federal Agencies of the East Baton Rouge Council on Aging include:

- Increasing the number of senior citizens who have access to an integrated array of health and social supports;
- Increasing the number of senior citizens who stay active and healthy;
- Increasing the number of families who are supported in their efforts to care for their loved ones at home and in the community; and
- Increasing the number of senior citizens who benefit from programs that protects their rights and prevent elder abuse, neglect and exploitation.
- Facilitating leadership in developing and improving transportation options for the elderly in the Public Service Area.
- Providing assistance with applying for benefits and programs.

Each of these performance indicators must be met to ensure not only effective delivery of serviced to seniors, but also to receive state and federal dollars to manage and operate Councils on Aging.

“Our mission is to promote independence in the ever growing senior population of this parish.”

- Tasha Clark-Amar | Chief Executive Officer



INFORMATION & ASSISTANCE MANAGEMENT HOW DID WE DO IN 2017-2018

The Information and Assistance Management Department (I&AM) is the core of the agency. We are mandated by federal and state guidelines to share information about our programs and services, and to conduct detailed assessments to determine senior needs. We utilize the Louisiana Independent Living Assessment: Our goal is to assess the problems and capabilities of each senior and establish satisfactory follow-up procedures to ensure each senior receives the services needed. The I&AM Department currently consists of: Intake Coordinator, Clerical Assistant, Care Manager's I, Care Manager's II, Information and Assistance Referral Coordinator, and Social Workers.

The agency is excited to announce that it logged 55,227 units of social services and support through our Information and Assistance Management Department during 2017-2018 for the seniors of East Baton Rouge Parish.



Each Care Manager, Social Worker and Information and Assistance Coordinator conducts an initial and annual Louisiana Independent Living Assessments for our services which consists of: Meals on Wheels, Homemaker/Personal Care, and In-Home Respite Care Services. The Care Managers and Social Workers assist clients with Entergy/

Power to Care, distribution of Material Aid such as: Blankets, Heaters, Fans/Air Conditioners, Walkers, Incontinent Supplies and Nutritional Supplements. They also assist with Farmer's Market, Cox Senior Discount Program, COA Helps, and our Lotus Food Pantry Applications.

Vision

To bridge the gap between seniors and community by providing seniors access to area services which can improve their quality of life and emotional and physical well-being.



Between July 2017 and December 2018, **181** seniors were eliminated from the Homemaker/Personal Care Waiting List and provided services. As we continue to eliminate waiting lists, the demand for all our supportive services continues to increase.



Homemaker/Personal Care

The Homemaker/PCA program provides support to homebound seniors living independently by assisting with laundry, light housekeeping, errands, and light meal preparation. The services are provided once a week for one-hour. Our In-Home Community Based employees are Red Cross-Certified and many are Certified Nursing Assistants. In addition, our caregiver's also provide In-Home Personal Care for homebound seniors. Our Personal Care Assistants provide support to seniors by assisting them with their personal hygiene, which includes grooming, bathing, and dressing.

“ . . . I really enjoy this place. The staff takes good care of the seniors and we feel good . . . ”
- Karen C., Florida Blvd. Senior Center

National Family Caregiver Support Program


The National Caregiver Support program is designed to provide relief and respite for the caregiver. The caregiver is the client. We recognize that caregiving is challenging and demanding, so we provide opportunities for the caregiver to take a respite and run errands. The services include personal care, light housekeeping, light meal preparation, and companionship. The program provides 3 ½ hours per week up to 120 hours per year.

17,039

Hours of Respite, Homemaker, and Personal Care to seniors 2017-2018.

Additional Contracted Programming & Services

Utility Payment Assistance
(Power To Care)
924 Seniors
Received Assistance



Utility Payment Assistance (Power To Care)	924
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Yoga/Tai Chi/Aerobics /Line Dancing
524 Seniors
Participated



Yoga/Tai Chi/Aerobics /Line Dancing	524
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Hours of Legal Education
531.15 Hours of Seniors
Receiving Assistance



Hours of Legal Education	531.15
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Food & Nutrition

Meals on Wheels: July of 2017, **544** seniors were on the Meals on Wheels waiting list, and as of December 31, 2018, the waiting list has been eliminated. In total for the 2017-2018 year, the agency has delivered **431,089** meals to home bound seniors who otherwise would not be guaranteed a meal. This nearly triple the previous year's Meals on Wheels deliveries. The meals are delivered weekly and include a meal for 7 days as well as milk, bread, snacks and fresh fruit.

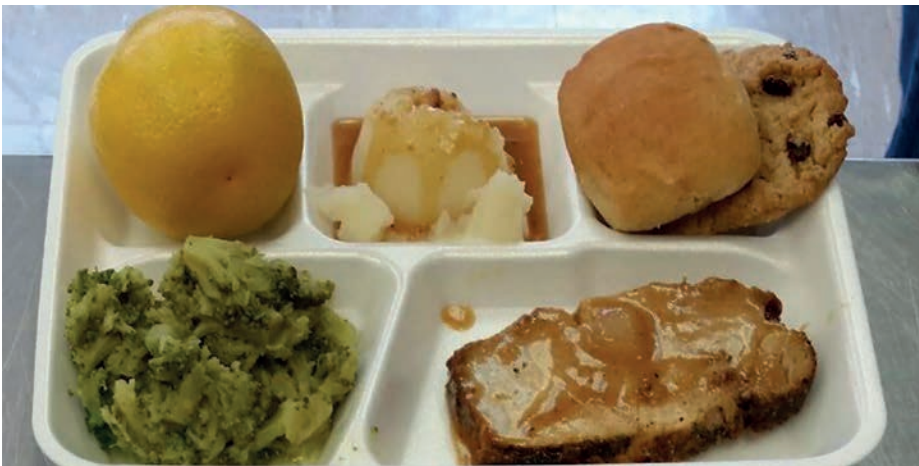


544:0

Between July of 2018 to December 2018, the agency eliminated the number of seniors on the Meals on Wheels waiting list from 544 to 0.

Congregate Meals (Hot Meals)

Congregate meals are served in group settings to seniors that are age 60 and older. East Baton Rouge Council on Aging serves hot meals 5 days a week during lunch hours at senior centers across the parish. Besides the regular menu, EBRCOA provides hot meals for holidays and special dinners. The meals are healthy and designed to meet the nutritional needs of adults 60 and over, according to the recommended daily allowance. During 2017-2018 the EBRCOA served **212,073** congregate meals to seniors. This is more than double the previous year congregate meals served. The demand for daily hot meals has grown over the years, and we anticipate meeting the growth and demand.



Food Pantry

In 2017-2018, the East Baton Rouge Council on Aging opened the Lotus Food Pantry in partnership with Greater Baton Rouge Food Bank and USDA. Since its inception the agency has distributed over 65,210 pounds of food to qualified seniors. The food pantry offers a variety of nonperishable goods, household items and fresh produce.

Farmer's Market

The Louisiana Department of Agriculture and Forestry provides income eligible seniors with a \$20.00 voucher to spend at the local farmers markets. Through this voucher, the seniors have the opportunity to purchase fresh fruits and vegetables from area farmers markets. Nearly 4,500 seniors received Farmer's Market assistance through the applications we processed. According to the Louisiana State Department of Agriculture EBRCOA processed the largest quantity of senior applications. This is nearly double the number of seniors that received Famer's Market assistance, last year.

2016-17
2,500 SENIORS

2017-18
4,500 SENIORS

Total number of Seniors who received Farmer's Market Assistance increased by **2,000**.

Material Aid:

All seniors are eligible to receive material aid assistance. These material aids enhance the seniors ability to live independently and minimize financial strain. Material Aid includes free access to incontinent supplies, nutritional supplements, durable medical equipment (walkers, wheelchairs, rollators, bedside commode, and much more). During 2017-2018 year, the agency distributed **431,089** material aid items to seniors. A large portion of these items were provided by millage funds, state/federal dollars and donations.

KEEP SENIORS ACTIVELY ENGAGED

Senior Centers are an excellent way to break social isolation by engaging seniors within their community, in a safe and enriching environment. 2017-2018 was a year of enhancement, growth and expansion. Here are the new centers that opened and the number of seniors currently enrolled in those centers engaging in daily activities:

- **Antioch Senior Center: 576 New Senior Members**
- **Jewel J. Newman Center: 249 New Senior Members**
- **Ben Burge Center: 48 New Senior Members**
- **Highland Road Senior Center: 254 New Senior Members**
- **Flanacher Senior Center: 92 New Senior Members**
- **Perkins Road Senior Center: 208 New Senior Members**
- **Our Lady of the Lake Senior Residential Living Senior Center
173 New Senior Members**



In 2017-2018, over **1600** new seniors have registered as members of the EBRCOA at the new senior centers. These seniors participate in daily senior activities at newly opened senior centers.



Thanksgiving Dinner

Seniors not only experience food deficits throughout the year, but even during the holidays many seniors find difficulty in purchasing and preparing a holiday meal. The EBRCOA offers an annual opportunity during Thanksgiving for seniors to eat a nutritious holiday meal, while also congregating with their peers. In 2018, one-thousand three-hundred and fifty **(1,350)** seniors attended the annual Thanksgiving Dinner and enjoyed great conversations with their peers from other senior centers.

Senior Prom

There is something special about dressing-up and taking photos, under a late night sky filled with music and dancing. East Baton Rouge Parish Council on Aging proved you are never too old for a night out on the town. Five-hundred and fifty **(550)** seniors attended the first Senior Prom. For many seniors this was their first and only opportunity to go to prom. The prom was filled with good food, great music, and lots of laughter. Each senior center elected its own Prom King and Queen who were highlighted during the event. Their bios were read and the audience was able to listen to fascinating stories about the lives of our seniors. Every senior received a memorable photo to remind them of their special night.

- » Thanksgiving Dinner | **1600** Seniors
- » Senior Prom | **550** Seniors
- » Senior Lifestyle Expo | **4000+** Seniors

2018 Senior Lifestyle Expo

Seniors have a diverse array of needs, and we wanted to address as many of those needs in a setting that would be inviting to all seniors of the parish. In 2018, the agency hosted its first Senior Lifestyle Expo. The event was free and open to the public, specifically seniors 60 years of age or older and their caregivers. The Expo offered an opportunity for seniors to gain knowledge on various topics related to Medicare/Medicaid, medication management, health & fitness, financial literacy, public safety, medical technology, housing and social services, beauty and hygiene, food and nutrition, healthy cooking demonstrations and much more. Over **4,000** seniors attended the Expo and are living better lifestyles as a result of their experience.



Health Awareness and Education

The East Baton Rouge Council on Aging has vital partnerships with Our Lady of the Lake School of Nursing to allow students to access our facilities to regularly assist our seniors with vital sign checks, vision checks, glucose level screenings, and temperature and hypertension assessments. Through this partnership, seniors are also provided educational materials and brochures that keep them informed of the most current healthy living trends.

In 2017, the agency was able to contract with a Certified Nutritional Consultant who has been able to engage seniors in more discussions about their health.

Keeping seniors healthy is critical to their quality of life and longevity. Seniors received **769** hours of health and wellness education during the 2017-2018. This is more than double the amount of hours provided in the past.

Medicare Assistance

In February of 2019, eleven employees of the East Baton Rouge Council on Aging became Certified Medicare Counselors. This certification came as a result of many seniors seeking assistance from the agency seeking to fulfill a need for Medicare related questions and issues. After successfully completing the required course and passing the required exam, certified staff hosted a Medicare Brunch to inform seniors on changes to Medicare, assist seniors in understanding how to apply for Medicare, and answer questions related to their Medicare benefits. A total of **977** seniors attended the Medicare Brunch from across East Baton Rouge Parish and since that time dozens of seniors have received technical assistance from Certified Medicare Counselors.

» Medicare Brunch | **977** Seniors

Transportation:

The East Baton Rouge Council on Aging provides transportation to all senior events and activities. Seniors have a choice to ride public transportation, or ride contracted transportation from their senior center to events. However, daily transportation is still a struggle for many seniors across the parish. In 2017-2018, the East Baton Rouge Parish Council on Aging applied and was awarded over \$500,000 in grant dollars from the Louisiana Department of Transportation to purchase transit buses for seniors. These buses will be used to assist seniors in meeting some of their daily transportation needs to places such as the doctor's office, grocery store, and community events.





Senior Testimonials

“Our lives have been so enriched by having this terrific place and terrific people available to us. Thank you for the fun and friendships.”

- **Emma and George L., Florida Blvd. Senior Center**



“The exercise classes at the Charles R Kelly center are the best! The instructor is outstanding! He is very patient with us. I’ve learned about nutrition and the role it plays in maintaining good health.”

- **Martha W., Charles R. Kelly Senior Center**



“The Antioch Center is a very warm and welcoming place for senior citizens. Our activities include devotion, exercise, games and arts and crafts. We have a wonderful and caring staff who create an atmosphere that makes everyone feel welcome.”

- **Doris H., Antioch Senior Center**

“I attend the Pearl George senior center. It has become a very important part of my life. It gives me peace and so much enjoyment.”

- **Frances J., Pearl George Senior Center**

“I enjoy coming to the Perkins Rd. senior center and meeting different people.”

- **Beverly S., Perkins Road Senior Center**

East Baton Rouge Council on Aging

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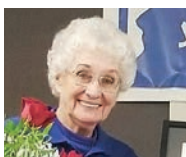
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Board Member



Dorothy Thibodeaux
Board Member

Message from the Chief Executive Officer



TASHA CLARK-AMAR
CHIEF EXECUTIVE OFFICER

2017-2018 was an exciting year for the East Baton Rouge Council on Aging! This Annual Report is only a glimpse of 2017-2018, showcasing the dedication of our staff and the pure joy on the faces of the seniors that we touch each and everyday. Our mission and primary focus is to continually find innovative ways to combat social isolation and promote independence in the ever growing senior population of this parish.

During the past year, we worked tirelessly to expand our services and opened seven new senior centers throughout East Baton Rouge Parish. In addition, our Information & Assistance Department eliminated ongoing waiting lists by providing access to Meals On Wheels to more seniors than ever before and also opened a centrally located food pantry, in our Main Office at 5790 Florida Blvd., dedicated to the needs of our seniors.

Our desire is to touch the lives of even more seniors in 2019. We will shift our focus to prioritize senior transportation, housing and housing modification to promote aging in place. So, please continue to encourage your friends, church members, family and loved ones to come out and experience the great programs offered daily at senior centers throughout the parish. I guarantee that you will fall in love with what we have to offer and make new friends at the same time!

I am sincerely thankful to all of the citizens of East Baton Rouge Parish, the EBRCOA Board of Directors, the entire EBRCOA Staff and all of our supporters! The work of the Council on Aging would not be possible without each and every one of you.

This is only the beginning and there is so much more to come!!
Stay tuned...

Sincerely,

A handwritten signature in black ink, appearing to read 'Tasha Clark-Amar'.

Tasha Clark-Amar
Chief Executive Officer
East Baton Rouge Council on Aging



EBRCOA Audited Financial Activities Twelve Months Ending June 30, 2018

	AS OF JUNE 30, 2018
SUPPORT AND REVENUE:	2018
Government Grants/ Property Tax/In-Kind	11,765,455
Public Contributions	113,997
Interest/Other Income	52,223
Total Support and Revenue:	11,931,675
EXPENSES:	
Programs and Overhead	2,515,720
Operating Services	510,636
Operating Supplies	1,263,396
Kitchen Operations/Other Costs	1,012,473
Capital Outlay	595,712
Total Expenses:	5,897,937
Change in Net Assets **	6,033,738
Net Assets, Beginning of Year	471,010
Net Assets, End of Year	6,610,652

Information taken from EBRCOA Audited Financial Statement as of June 30, 2018
Audited by L.A. Champagne & Co. LLP - Certified Public Accountants

** Primarily due to the recognition of property tax revenue when received.
Expenses for July 1, 2018 - December 31, 2018 are not reflected.

2017-2018 AGENCY SPONSORS

Our work would not be possible without the support of our generous community sponsors. Thank You for supporting the important work we do.

Albertson's
All Wood Furniture, LLC.
American Factory Furniture Direct
Baton Rouge Fire Department
Baton Rouge Coca-Cola Bottling Company
Belle of Baton Rouge Casino & Hotel
Bell's Janitorial Service, LLC.
Blue Cross Blue Shield of Louisiana
Centene Management Company, LLC.
Cumulus Media of Baton Rouge, Inc.
Everything Philly Supply Co.
Evolent / HLN Baton Rouge
Golden Corral
Gordon Mckernan Injury Attorneys, APLC.
Greater Baton Rouge Food Bank
Grid-Iron Enterprises
Gulf Coast Bank & Trust Company
Home Furniture
La-Z-Boy Furniture Galleries
L'Auberge Baton Rouge
Louisiana Department of Agriculture

Louisiana Healthcare Services
Moore College
Peoples Health Network of Louisiana
Perfumania
Raising Cane's
Red Lobster of Baton Rouge
RMJM Enterprise, Inc.
Sam Taylor Plumbing, LLC.
Save-a-Lot
Target Corporation
TJ LSU Dad

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Ms. Sherrell E. Briggs
Ms. Sylvia La Cox
Ms. Shontell LeBeouf
Ms. Tieneka Moore
Ms. Trudy D. Bihm-Howard
Ms. Yolanda Y. Barlow

Senior Prom 2018

Alpha Kappa Alpha Sorority,
Inc. – Nu Gamma Omega
Chapter
Bell's Janitorial Service, LLC.
Sisters of Light, #026
X-posed Domestic Violence
Organization
Order of Eastern Star,
Genesis #1055
Councilman Lamont Cole
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Rep. Patricia Smith
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Ms. Keshala B. Jackson
Ms. Elissa Boudreaux
Ms. Brenda Weatherspoon
Ms. Rhonda Johnson
Ms. Tiffany Dickerson
Mrs. Eve Jupiter
Mrs. Akiko Amar
Mrs. Renae K. Lodge
Mrs. Brenda P. Wright

Lifestyle Senior Expo 2018

Sponsors

Merchant's Food Service
Humana, Inc.
Gerry Lane Chevrolet

Baton Rouge Senior
Resource Guide
Dillard's
Capital Area Transit System
CareSouth
EBR Parish Housing Authority
Hancock Whitney Bank
Vantage Health Plan of
Louisiana, Inc.
Urban Restoration
Enhancement Corporation
UnitedHealthcare Community
Plan, Inc.
The Carpenter Health
Network
The Lucky Law Firm, APLC
Wellcare Health Plans
WAFB Channel 9

Vendors

AAA Travel Baton Rouge
Affordable Pharmacy
Agnes Andrews Allstate
Allwell from LA Healthcare
Connections
Audubon Veterans Services
Aurora CBD & Hemp Products
Baton Rouge General Health
System
Baton Rouge Police
Department
Belle of Baton Rouge
Casino & Hotel
BlueCross and BlueShield of
Louisiana- Blue Advantage
Canon Hospice
Cardinal Hospice
Chase Healthcare, LLC.
Clearcaptions, L.L.C
East Baton Rouge Parish
Library



» Taste of Baton Rouge **2018**

Epik78
EQ Health Solutions
Franciscan Missionaries of
Our Lady Health System
Garden View at Jones
Creek, LLC.
Gulfcoast Bank & Trust
Company
Hanger Clinic
Heritage House
Heritage Manor of
Baton Rouge
LA Department of Health
–Ofc. of Public Health-
Bureau of Community
Preparedness
LA Department of
Revenue
LA Foundation Against
Sexual Assault
Landmark of Baton Rouge
LATAN
Lewy Physical Therapy
Lifeline Behavioral Health
LifeSource Home Health
LifeSource Hospice
LiftSeat Corporation
Lopez Furniture
Louisiana Housing
Corporation
Mid-City Redevelopment
Alliance, Inc.
Miracle-Ear
Moore College
Oakwood Village
Office of LA State Fire
Marshall
Office of the State Fire
Marshall
One-Up Fall Prevention
Open Health Care Clinic
Pennington Biomedical
Research Center

Peoples Health Network of
Louisiana
Rabenhorst Funeral Home,
L.L.C.
Rebath of Louisiana, LLC.
Resthaven Gardens of
Memory and Funeral
Home
Southeast Community
Health System
Southside Gardens
StairLifts of Louisiana
Sterling Place
T-Mobile
The Emerge Center
The Lighthouse for the
Blind in New Orleans
Top-Notch Behavioral
Healthcare Services, L.L.C
Veggie Fruit Blizz
Volunteers of America-
GBR
Walmart, Inc.
Whealdon Estates
Williamson Eye Center
Winnfield Funeral Home of
Baton Rouge

Courtableau Nostalgia
Bakery, L.L.C.
Diamond Marquee
Indulgence on the Geaux
Jimmie & Maude Catering
La Mange'
Lasserre Honey Cognac
Pimanyoli's Smokehouse
Raising Cane's Chicken
Fingers
Randy Montalbano's
Seafood & Catering
Rice & Roux
Sonny's BBQ
Stinky's Fish Camp
Sugar Belle's
The Big Cheezy
The Grind
TJ Rib's
Zea Rotisserie & Bar

**Taste of Baton Rouge
2018**

Beausoleil Restaurant
and Bar
Blaques Liquid Factory
Bonfish Grill
Bonfish Grill
Café Jeanpierre
Café Express
Callihan's Restaurant
Capital City Grill
Chef Celeste Bistro
Chicken Shack
Cooking from Bayou

SENIOR ACTIVITY CENTERS | CONGREGATE MEAL SITES

Antioch Senior Center
7140-E.Antioch Rd.
Baton Rouge, LA 70817
Phone: 225-246-7994

Florida Blvd. Senior Center
5790 Florida Blvd.
Baton Rouge, LA 70806
Phone: 225-923-8000

Perkins Road Senior Center
7122 Perkins Road
Baton Rouge, LA 70808
Phone: 225-302-9662

Baker Senior Center
3334 Jefferson Street
Baker, LA 70714
Phone: 225-366-6432

Foster Road Senior Center
11333 Foster Road
Baton Rouge, LA 70811
Phone: 225-227-2562

Zachary Senior Center
3541 Highway 19
Zachary, LA 70791
Phone: 225-286-4107

BREC Ben Burge Senior Center
9350 Antigua Drive
Baton Rouge, LA 70810
225-454-2815

Greater King David Senior Center
131 Elmer Ave.
Baton Rouge, LA 70807
Phone: 225-775-4996

*OLOL Senior Residential Living
Senior Center
7565 Bishop Ott Drive
Baton Rouge, LA 70806
225-223-6559

Central Senior Center
6923 Oak Cluster Drive
Central, LA 70739
Phone: 225-615-8339

Highland Road Senior Center
14024 North. Amiss Drive
Baton Rouge, LA 70810
225-454-4773

*Catholic Presbyterian
Apartments
655 North Street
Baton Rouge, LA 70802
Phone: 225-383-5551

Chaneyville Senior Center
13211 Jackson Road
Jackson, LA 70791
Phone: 225-286-4101

Homewood Aquatic
Senior Center
3654 Granada Drive
Baton Rouge, LA 70810
Phone: 225-636-5611

*Sharlo Terrace I & II
4915 Alvin Dark Ave.
Baton Rouge, LA 70820
Phone: 225-346-0215

Charles R. Kelly Senior Center
3939 Riley Street
Baton Rouge, LA 70805
Phone: 225-389-5464

Jewel J. Newman Senior Center
2013 Central Road
Baton Rouge, LA 70707
Phone: 225-239-7796

*Turner Plaza Apartments
4546 North Street
Baton Rouge, LA 70806
Phone: 225-923-8114

Dumas House Senior Center
1313 North Sherwood
Forest Blvd.
Baton Rouge, LA 70815
Phone: 225-389-4990

Leo S. Butler Senior Center
950 E. Washington Street
Baton Rouge, LA 70802
Phone 225-344-6775

* = Feeding Site

Flanacher Senior Center
864 Flanacher Road
Zachary, LA 70791
225-454-0955

Pearl George Senior Center
4000 Gus Young Ave.
Baton Rouge, LA 70802
Phone: 225-389-5611



Supporting Independence ~ Serving Seniors

East Baton Rouge Council on Aging

Tel: 225.923.8000 | Fax: 225.923.8030

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