




APR 2026

Stress Awareness Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SUN
			April Fool's Day 01	Autism 02	03	04
			Wellness Wednesday Painting With the Chief 9:30 am and Easter Egg Hunt	Movie & Popcorn 9:30 am Beyond Bingo 12:30 pm Wii Bowling 1:00 pm SEA MEET 2:00 pm	Good Friday! Center Closed	
05	06	World Health 07	08	09	Sibling Day 10	11
	Brain Games 9:00 am Financial Literacy 10:30 am Wii Bowling 12:30 pm	SEA Call 8:15 am Brain Games 9:00 am Nutritional Ed. 10:30 am SEA Bingo 12:30 pm	Wellness Wednesday Chair Exercise 9:00 am Wii Bowling 12:30 pm	Wellcare 10:00 am Beyond Bingo 12:30 pm Billiards 1:00 pm	SEA Fun Friday! Exercise 9:30 am Baker Police Dept 11:00 am Brain Games 12:30 pm	
12	13	14	Tax Day 15	16	17	Birthdays
	Brain Games 9:00 am Financial Literacy 10:30 am Billiards 12:30 pm	SEA Call 8:15 am Brain Games 9:00 am Nutritional Ed. 10:30 am SEA Bingo 12:30 pm	Wellness Wednesday Chair Exercise 9:00 am Arts & Crafts 9:30 am Brain Games 12:30 pm	Movie & Popcorn 9:30 am Beyond Bingo 12:30 pm Wii Bowling 1:00 pm	SEA Fun Friday! Exercise 9:30 am Brain Games 11:00 am Wii Bowling 12:30 pm 	K. Wells 2 D. Stewart 11 D. Honore 15 L. Pitts 21 D. Horton 22 C. Stages 24
19	20	21	Earth Day 22	23	24	
	Brain Games 9:00 am Financial Literacy 10:30 am Wii Bowling 12:30 pm	SEA Call 8:15 am Brain Games 9:00 am Nutritional Ed. 10:30 am SEA Bingo 12:30 pm	Wellness Wednesday Chair Exercise 9:00 am Arts & Crafts 9:30 am Brain Games 12:30 pm SEA MEETING 2:30 PM	Brain Games 9:30 am Centerwell 10:30 am Beyond Bingo 12:30 pm Billiards 1:00 pm	SEA Fun Friday! Exercise 9:30 am Brain Games 11:00 am Wii Bowling 12:30 pm	
26	27	28	Dance Day 29	Jazz Day 30		
	Brain Games 9:00 am Financial Literacy 10:30 am Billiards 12:30 pm	SEA Call 8:15 am Brain Games 9:00 am Nutritional Ed. 10:30 am SEA Bingo 12:30 pm	Wellness Wednesday Chair Exercise 9:00 am Arts & Crafts 9:30 am Brain Games 12:30 pm SENIOR TRIP	Movie & Popcorn 9:30 am Beyond Bingo 12:30 pm Billiards 1:00 pm SENIOR TRIP	SENIOR TRIP	

NOTES:

Monday ~ Friday Daily
8:00 AM - 9:30 AM - Coffee & Conversation
9:30 AM - Inspirational Words
11:30 AM - 1:00 PM Lunch



Schedule

Baker Senior Center

3334 Jefferson Street
Baker, LA 70714
Phone: 225. 366.6432
Hours - 8:00 AM - 2:00 PM