

APR 2026

Stress Awareness Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
			April Fool's Day 01	Autism 02	03	04
			Wellness Wednesday Brain Games 8AM Fitness – 11 AM Pokeno/Arts & Crafts 12:30PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM Easter Celebration Wear Pastel Colors	Good Friday! Center Closed	
05	06	World Health 07	08	09	Sibling 10	11
	Brain Games 8AM Financial Lit. 9AM Yoga 10:30AM Pokeno/Arts & Crafts 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM Game of Choice 10AM SEA Bingo 12:30PM	Wellness Wednesday Brain Games 8AM Fitness – 11 AM Pokeno/Arts & Crafts 12:30PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM	SEA Fun Friday! Brain Game 8AM Arts & Crafts 9AM Pokeno/Arts & Crafts 12:30PM	
12	13	Game Day 14	Tax Day 15	16	17	Birthdays
	Brain Games 8AM Financial Lit. 9AM Yoga 10:30AM Pokeno/Arts & Crafts 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM Game of Choice 10AM SEA Bingo 12:30PM	Wellness Wednesday Brain Games 8AM Fitness – 11 AM Pokeno/Arts & Crafts 12:30PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM	SEA Fun Friday! Brain Game 8AM Arts & Crafts 9AM Pokeno 12:30PM B D Celebration 	Paula C. – 9 Linda V. – 11 Debra P. – 16 Eula F. – 20 Aldreamer S. – 23 Mary T. - 27
19	20	21	Earth Day 22	23	24	
	Brain Games 8AM Financial Lit. 9AM Yoga 10:30AM Pokeno/Arts & Crafts 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM Game of Choice 10AM SEA Bingo 12:30PM	Wellness Wednesday Brain Games 8AM Fitness – 11 AM Pokeno 12:30PM SEA MEETING 2:30 PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM	SEA Fun Friday! Brain Game 8AM Arts & Crafts 9AM Pokeno/Arts & Crafts 12:30PM	
26	27	28	Dance Day 29	Jazz Day 30		
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NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation
 9:30AM - Inspirational Words
 11:30AM – 1:00PM Lunch
 10AM – 10:30AM – Snack – Monday & Thursday



Leo S. Butler Senior Center

950 Lorri Burgess Avenue
 Baton Rouge, LA 70802
 Phone: 225.389.4890 Ext. 4807
 Hours – 8:00AM – 3:00PM