

JUN 2026

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	Creative Day 03	04	05	06
	Brain Teasers 8am Fitness 9:30am Financial Lit. 10:30 am Painting w/a Twist 2pm	Brain Teasers 8am Nutrition Ed. 9am SEA Bingo 10:30am Billiards 2pm	Wellness Wednesday Brain Teasers 8am ZUMBA 9:30 am Fitness/Line Dance 12:30pm Puzzles & Games 2pm	Brain Teasers 8am Tech Class 9:30am Beyond Bingo 10:30 Busy Bee Club 2pm	SEA Fun Friday! Brain Teasers 8am Chair Exercise 9am Board Games 2pm	
07	08	09	10	11	PB Cookie Day 12	Birthdays
	Brain Teasers 8am Fitness 9:30am Financial Lit. 10:30 am Painting w/a Twist 2pm	Brain Teasers 8am Nutrition Ed. 9am SEA Bingo 10:30am Billiards 2pm Ping Pong 2pm	Wellness Wednesday Brain Teasers 8am ZUMBA 9:30 am Fitness/Line Dance 12:30pm Puzzles & Games 2pm	Brain Teasers 8am Tech Class 9:30am Beyond Bingo 10:30 Busy Bee Club 2pm	SEA Fun Friday! Brain Teasers 8am Chair Exercise 9am Board Games 2pm B Day Celebration	Eva M. 6/1 Joyce S. 6/1 Cindy D. 6/3 Theresa T. 6/3 Kimberly B. 6/4 Margaret G. 6/9 Raymond M. 6/12 Sharan H. 6/13 Barbara L. 6/16 Pat K. 6/17 Loretha C. 6/19 Sandra D. 6/19 Susan W. 6/19 Charles S. 6/20 Robin S. 6/20 Pamela G. 6/21 Ursula B. 6/21 Karen T. 6/22 Michael M. 6/23 Tamara G. 6/24 Anita T. 6/26 Johana G. 6/26 Maria S. 6/27 Lyla L. 6/29 Mary Y. 6/29
14	15	16	Eat Vegetables 17	18	19	
	Brain Teasers 8am Fitness 9:30am Financial Lit. 10:30 am Painting w/a Twist 2pm	Brain Teasers 8 am Nutrition Ed. 9am SEA Bingo 10:30 am Billiards 2pm Ping Pong 2pm	Wellness Wednesday Brain Teasers 8 am ZUMBA 9:30 am Fitness/Line Dance 12:30pm Puzzles & Games 2pm	Brain Teasers 8am Tech Class 9:30am Beyond Bingo 10:30 Busy Bee Club 2pm	Juneteenth Centers Closed	
21	22	Pink Day 23	24	25	26	
Father's Day	Brain Teasers 8am Fitness 9:30am Financial Lit. 10:30 am Painting w/a Twist 2pm	Brain Teasers 8 am Nutrition Ed. 9am SEA Bingo 10:30am Billiards 2pm Ping Pong 2pm	Wellness Wednesday Brain Teasers 8 am ZUMBA 9:30 am Fitness/Line Dance 12:30pm Puzzles & Games 2pm	Brain Teasers 8am Tech Class 9:30am Beyond Bingo 10:30 Busy Bee Club 2pm Father's Day Celebration	SEA Fun Friday! Brain Teasers 8am Chair Exercise 9am Board Games 10:30am Billiards 2 pm	
28	29	30				
	Brain Teasers 8am Fitness 9:30am Financial Lit. 10:30 am Painting w/a Twist 2pm	Brain Teasers 8am Nutrition Ed. 9am SEA Bingo 10:30am Billiards 2 pm Ping Pong 2pm				

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation
9:30AM - Inspirational Words
11:30AM – 1:00PM Lunch



Antioch Senior Center

7140 East Antioch Road
Baton Rouge, LA 70817
Phone: 225.246.7994
Hours – 8:00AM – 4:30PM