


JUN 2026

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	Creative Day 03	04	05	06
	Brain Game 8am Morning Stretches 9am Financial Lit. 10am Arts & Crafts 12:30pm	Brain Game 8am SEA Call 8:15am SEA Bingo 10:30am Nutrition Ed. 9am POKENO 12:20pm	Brain Game 8am Wellness Wednesday 9am Chair Exercise 10am Puzzles & Games 1pm	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Fitness 12:30 Puzzles & Games 12:30	
07	08	09	10	11	PB Cookie Day 12	Birthdays
	Brain Game 8am Morning Stretches 9am Financial Lit. 10am Arts & Crafts 12:30pm	Brain Game 8am SEA Call 8:15am SEA Bingo 10:30am Nutrition Ed. 9am POKENO 12:30pm	Brain Game 8am Wellness Wednesday 9am Chair Exercise 10am Puzzles & Games 1pm	Beyond Bingo 10:30 Father's Day Celebration Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Fitness 12:30pm Puzzles & Puzzles 12:30pm B Day Celebration	Marcus B 5 Harold B 15 Lisa W 28
14	15	16	Eat Vegetables 17	18	19	
	Brain Game 8am Morning Stretches 9am Financial Lit. 10am Arts & Crafts 12:30pm	Brain Game 8am SEA Call 8:15am SEA Bingo 10:30am Nutrition Ed. 9am POKENO 12:30pm	Brain Game 8am Wellness Wednesday 9am Chair Exercise 8:30am Puzzles & Games 1pm	Beyond Bingo 10:30 Father's Day Celebration Brain Game 8am Tech Class 9am	Juneteenth Centers Closed	
21	22	Pink Day 23	24	25	26	
Father's Day	Brain Game 8am Morning Stretches 9am Financial Lit. 10am Arts & Crafts 12:30pm	Brain Game 8am SEA Call 8:15am SEA Bingo 10:30am Nutrition Ed. 9am POKENO 12:30pm	Brain Game 8am Wellness Wednesday 9am Chair Exercise 8:30am Puzzles & Games 1p	Beyond Bingo 10:30 Brain Game 8am Tech Class 9am	SEA Fun Friday! Brain Game 8am Fitness 12:30pm Board Game 1pm	
28	29	30				
	Brain Game 8am Morning Stretches 9am Financial Lit. 10am Arts & Crafts 12:30pm	Brain Game 8am SEA Call 8:15am SEA Bingo 10:30am Nutrition Ed. 9am POKENO 12:30pm				

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch



Ben Burge Senior Center

9350 Antiqua Drive

Baton Rouge, LA 70810

Phone: 225.2228.2670

Hours – 8:00AM – 2PM