

JUN 2026

National Safety Month



"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
	01	02	Creative Day 03	04	05	06
	Bridge Club 8:30AM Financial Lit. 9AM Yoga 11AM Game of Choice 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM CareSouth Tour 10AM SEA Bingo 10:30AM Crafts 12:30PM	Brain Game 8AM Wellness Wednesday 10AM Sewing 10:30AM Bingo 12:30AM	Brain Game 8AM Tech Class 9AM Positive Vibes 9:30AM Beyond Bingo 10:30AM Fitness 12:30PM	SEA Fun Friday! Brain Game 8AM Game of Choice 10AM Bingo 12:30PM	
07	08	09	10	11	PB Cookie Day 12	Birthdays
	Bridge Club 8:30AM Financial Lit. 9AM Yoga 11AM Game of Choice 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM Sip & Paint 9:30AM SEA Bingo 10:30AM Crafts 12:30PM	Brain Game 8AM Wellness Wednesday 10AM Sewing 10:30AM Bingo 12:30AM	Brain Game 8AM Tech Class 9AM Beyond Bingo 10:30AM Fitness 12:30PM	SEA Fun Friday! Brain Game 8AM Game of Choice 10AM Bingo 12:30PM B Day Celebration	Oscar B. - 24
14	15	16	Eat Vegetables 17	18	19	
	Bridge Club 8:30AM Financial Lit. 9AM Yoga 11AM Game of Choice 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM SEA Bingo 10:30AM Crafts 12:30PM	Brain Game 8AM Celebrate Fathers 9:30AM Wellness Wednesday 10AM Sewing 10:30AM Bingo 12:30AM	Brain Game 8AM Butterfly Art 9:30AM Bingo 10:30AM Fitness 12:30PM Father's Day Celebration	Juneteenth Centers Closed	
21	22	Pink Day 23	24	25	26	
Father's Day	Bridge Club 8:30AM Financial Lit. 9AM Yoga 11AM Game of Choice 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM SEA Bingo 10:30AM Crafts 12:30PM	Brain Game 8AM Wellness Wednesday 10AM Sewing 10:30AM Bingo 12:30AM	Brain Game 8AM Tech Class 9AM Cookies&Milk 9:30AM Beyond Bingo 10:30AM Fitness 12:30PM	SEA Fun Friday! Brain Game 8AM Game of Choice 10AM Bingo 12:30PM	
28	29	30				
	Bridge Club 8:30AM Financial Lit. 9AM Yoga 11AM Game of Choice 12:30PM	Brain Game 8AM SEA Call 8:15AM Nutrition Ed. 9AM SEA Bingo 10:30AM Crafts 12:30PM				

NOTES:

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation
9:30AM - Inspirational Words
11:30AM – 1:00PM Lunch



Central Lotus Activity Center

11111 Park Place, Suite C
Baton Rouge, LA 70818
Phone: 225.615.8339
Hours – 8:00AM – 4:30PM