NOV2026

Alzheimer's Awareness Month

EBR Council on Aging
Supporting Independence ~ Serving Seniors

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	**02**	**03**	**04**	**05**	**06**	**07**
	Brain Games 8am Devotion 9:30am Financial Lit. 10am *Line Dance 1pm*	**Brain Games 8am** Devotion 9am Nutritional Ed 9:30am SEA Bingo 10:30am Table Games 1pm	Wellness Wednesday Brain Games 8AM Chair Exercise 10am Arts & Crafts 10:30am	Brain Games 8am Devotion 9am Tech Class 10am SEA Bingo 10:30am Game of choice 1pm	Brain Games 8am Devotion 9:30am Beyond Bingo 10:30am Fun Day	
08	**09**	**10**	**11**	**12**	**13**	**14**
	Brain Games 8am Devotion 9:30am Financial Lit. 10am *Line Dance 1pm* *Table Games 1:30pm*	**Brain Games 8am** Devotion 9am Nutritional Ed 9:30am SEA Bingo 10:30am Table Games 1pm	Wellness Wednesday Brain Games 8AM Chair Exercise 10am Arts & Crafts 10:30am & 1pm	Brain Games 8am Devotion 9am Tech Class 10am SEA Bingo 10:30am Game of choice 1pm	Brain Games 8am Devotion 9:30am Beyond Bingo 10:30am Fun Day	
15	**16**	**17**	**18**	**19**	**20**	**Birthdays**
	Brain Games 8am Devotion 9:30am Financial Lit. 10am *Line Dance 1pm* *Table Games 1:30pm*	**Brain Games 8am** Devotion 9am Nutritional Ed 9:30am SEA Bingo 10:30am Table Games 1pm	Wellness Wednesday Brain Games 8AM Chair Exercise 10am Arts & Crafts 10:30am & 1pm	**EBRCOA Thanksgiving Dinner**	Devotion 8am Pumpkin decorating contest 10am MIX & MINGLE	**Lionel K - 21** **Theresa S. - 27**
22	**23**	**24**	**25**	**26**	**27**	
	Brain Games 8am Devotion 9:30am Grateful Gathering 10am *Line Dance 1pm* *Table Games 1:30pm*	**Brain Games 8am** Devotion 9am Nutritional Ed 9:30am SEA Bingo 10:30am Table Games 1pm	Wellness Wednesday Brain Games 8AM Chair Exercise 10am Arts & Crafts 10:30am & 1pm	THANKSGIVING HOLIDAY Centers Closed	THANKSGIVING HOLIDAY Centers Closed	
29	**30**					
	Brain Games 8am Devotion 9:30am Financial Lit. 10am					

NOTES:

Ben Burge Senior Center

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 12:30PM Lunch

9350 Antigua Dr.

Baton Rouge, LA 70810

Hours 8:00am-2:00pm