NOV2026

Alzheimer's Awareness Month

EBR Council on Aging
Supporting Independence ~ Serving Seniors

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	**02**	**03**	**04**	**05**	**06**	**07**
	Brain Games 8AM Financial Lit. 9AM *Yoga 10:30AM* *Pokeno/Crafts 12PM*	Brain Games 8AM SEA Meet 8:15AM Nutrition Ed. 9AM **SEA Bingo 12:30PM**	Wellness Wednesday Brain Games 8AM Fitness 11AM Pokeno/Crafts 12PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM	SEA Fun Friday! Brain Games 8AM Free Play 9AM Pokeno/Crafts 12PM	
08	**09**	**10**	**11**	**12**	**13**	**14**
	Brain Games 8AM Financial Lit. 9AM *Yoga 10:30AM* *Pokeno/Crafts 12PM*	Brain Games 8AM SEA Meet 8:15AM Nutrition Ed. 9AM **SEA Bingo 12:30PM**	Wellness Wednesday Brain Games 8AM Fitness 11AM Pokeno/Crafts 12PM	Brain Games 8AM Tech Class 9AM Zumba 10AM Beyond Bingo 12:30PM	SEA Fun Friday! Brain Games 8AM Free Play 9AM Pokeno/Crafts 12PM B-Day Celebration	
15	**16**	**17**	**18**	**19**	**20**	**Birthdays**
	Brain Games 8AM Financial Lit. 9AM *Yoga 10:30AM* *Pokeno/Crafts 12PM*	Brain Games 8AM SEA Meet 8:15AM Nutrition Ed. 9AM **SEA Bingo 12:30PM**	Wellness Wednesday Brain Games 8AM Fitness 11AM Pokeno/Crafts 12PM	**EBRCOA Thanksgiving Dinner**	SEA Fun Friday! Brain Games 8AM Free Play 9AM Pokeno/Crafts 12PM Jersey Day	**Joycelyn N. – 3** **Marva C. – 4** **Sorena M. – 9** **Edna P. – 10** **Leola C. – 11**
22	**23**	**24**	**25**	**26**	**27**	
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29	**30**					
	Brain Games 8AM Financial Lit. 9AM *Yoga 10:30AM* *Pokeno/Crafts 12PM*					

NOTES:

***Leo S. Butler* Senior Center**

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch

950 Lorri Burgess Avenue
Baton Rouge, LA 70802
Phone: 225.389.4890 Ext. 4807
Hours: 8:00AM – 3:00PM