NOV2026

Alzheimer's Awareness Month

EBR Council on Aging
Supporting Independence ~ Serving Seniors

"Making aging engaging one activity at a time!"

SUN	MON	TUE	WED	THU	FRI	SAT
01	**02**	**03**	**04**	**05**	**06**	**07**
	Brain Games 8AM Planting 8:30AM Yoga 9:30AM Financial Lit 10AM	Brain Games 8AM SEA Meet 8:15AM Nutritional Ed. 9AM SEA Bingo	Wellness Wednesday Brain Games 8AM Chair Exercise 8:30AM Line Dance 9AM	Brain Games 8AM Tech Class 9AM Beyond Bingo 10AM	SEA Fun Friday! Brain Games 8AM CRK Bingo 10AM Board Games 1PM	
08	**09**	**10**	**11**	**12**	**13**	**14**
	Brain Games 8AM Planting 8:30AM Yoga 9:30AM Financial Lit 10AM Fran U Nurses	Brain Games 8AM SEA Meet 8:15AM Nutritional Ed. 9AM SEA Bingo 10:AM	Wellness Wednesday Brain Games 8AM Chair Exercise 8:30AM Line Dance 9AM Arts/Crafts 1PM	Brain Games 8AM Tech Class 9AM Beyond Bingo 10AM Fitness 11AM	SEA Fun Friday! Brain Games 8AM CRK Bingo 10AM Board Games 1PM	
15	**16**	**17**	**18**	**19**	**20**	**Birthdays**
	Brain Games 8AM Planting 8:30AM Yoga 9:30AM Financial Lit 10AM Fran U Nurses	Brain Games 8AM SEA Meet 8:15AM SMP @ 10:45a SEA Bingo 10:A Make Fall Wreaths	Wellness Wednesday Brain Games 8AM Chair Exercise 8:30AM Line Dance 9AM	EBRCOA Thanksgiving Dinner	SEA Fun Friday! Brain Games 8AM CRK Bingo 10AM Board Games 1PM	Mary M. – 4 Connie D. - 6 Mylah D. – 7 Tina G. - 9 Irma B. – 11 Nettie T. - 11 Herman H – 12 Sharan L. – 12 Lillie A. - 15 Jackie G. – 15 Rose M. – 15 Rena R. - 15
22	**23**	**24**	**25**	**26**	**27**	
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29	**30**					
	Brain Games 8AM Planting 8:30AM Yoga 9:30AM					

NOTES:

Senior Center

Monday ~ Friday Daily Schedule

8:00AM – 9:30AM – Coffee & Conversation

9:30AM - Inspirational Words

11:30AM – 1:00PM Lunch

Charles R Kelly

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Baton Rouge, LA 70805

Phone: 225.389.5464

Hours: 8:00AM – 3:30PM